

OTTAWA

metro



Woman left topless because she was a suicide risk: Cop

Ottawa sergeant tells hearing he cut off prisoner's clothing for her own good **PAGE 3**

Fur lining and circular logos? Yeah, we invented that

Sears hits back at trademark lawsuit, saying no one would confuse an Alpinetek with a Canada Goose coat **PAGE 10**

PUNCH YOUR TASTE BUDS IN THE FACE

BACON-WRAPPED SCALLOPS MAKE AN EASY — AND IMPRESSIVE — APPETIZER **PAGE 15**



NO NICKELBACK GUARANTEE

LIVE 88.5 fm

Aylmer victim was 'full of life,' aunt says

Travis Votour. Woman 'in shock' over loss of young nephew found dead in home

 **TREVOR GREENWAY**
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The aunt of an Aylmer man says she is in shock after learning her young nephew and his girlfriend were found dead inside their home Monday afternoon.

Cindy Votour says she is still coming to grips with the loss of Travis Votour, whose body, along with that of his girlfriend Amanda Trottier, was found inside their home at 158 Terrasse Eardley in Aylmer shortly before 1 p.m. Monday. Votour said her nephew loved life and had a good sense of humour.

"Travis was a free-loving spirit and was full of life and was always joking around," Cindy Votour told Metro Tuesday morning.

"His death has me in shock."

Police responded to the grisly double homicide around 12:50 p.m. after Trottier's mother Victoria Lebrasseur discovered the two bodies. She has been posting heartbreaking messages on Facebook as she tries to cope with the loss of her daughter.

"Please give us justice please god find these monsters to bring justice for Amanda and Travis," she wrote on her Facebook page Tuesday morning.

"I talked to my baby every day. Now they took that away me. So many pieces of my heart destroyed. I love you so much Amanda mom thinks she is having the worst nightmare in history."

The posts followed earlier heart-wrenching messages from the grief-stricken mother, who said the scene was "full of blood" after discovering the bodies.

Police remain tight-lipped about the case, but autopsies are scheduled early this week to determine how the pair, both in their twenties, died. Police also found Trottier's three-year-old daughter inside the home, safe and unharmed. She is now under family care.

Neighbours told Metro the couple had kept mostly to themselves since renting the home in the quiet neighbourhood in August.

Anyone with any information on the two deaths can contact investigators at 819-243-2346, ext. 6677. Information will be treated as confidential and can be submitted anonymously.



TEAM CANADA 2014 CHOSEN

Team Canada Olympic hockey team executive director Steve Yzerman makes the roster announcement for Sochi 2014 in Toronto on Tuesday. MARK BLINCH/THE CANADIAN PRESS

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Sens Foundation announces \$250K for Bayshore Park rink

'Go, Sens, go!'

Foundation set to build 20 outdoor rinks under Sens RINK Project

LUCY SCHOLEY
ottawa@metronews.ca

Hockey enthusiasts will be able to lace up their skates at Bayshore Park's refurbished outdoor rink next winter.

The Ottawa Senators Foundation announced the opening of its third outdoor rink under the Sens RINK Project (Recreational Investments in Neighbourhood for Kids), which will break ground in April.

The foundation, which plans to build a total of 20 outdoor rinks in the National Capital Region, made the announcement at the Accora Centre Jan. 7, while dozens of elementary school kids donning Ottawa Senators jerseys cheered "Go, Sens, Go!"

Like the other rinks, the

total cost is \$250,000 — with \$160,000 going towards revamping the current rink and the rest towards upgrading Bayshore Park.

Ferguslea Properties Limited, the owner of a large swath of rental units near the Bayshore Shopping Centre, is contributing \$160,000 and the City of Ottawa is also funding the project.

The new rink will be 85-feet-by-190-feet and the park will get a new stage and new recreation centre. This summer, kids will be able to play basketball and pick-up ball hockey on the rink space.

"There's 7,000 residents surrounding this rink, so to have free, active programming after school and on weekends is something that we're really thrilled to be able to do," said Danielle Robinson, president of the Ottawa Senators Foundation.

Mark Taylor, councillor for the Bay Ward, said Bayshore Park "needs a face-lift." It's one piece of a giant revitalization of the area,



Students from St. Rose of Lima Elementary School cheer "Go, Sens, Go!" with Ottawa Senators mascot Spartacat following the announcement Tuesday of the new \$250,000 Ottawa Senators Foundation rink at Bayshore Park. LUCY SCHOLEY/METRO

Quoted

"There's 7,000 residents surrounding this rink, so to have free, active programming after school and on weekends is something that we're really thrilled to be able to do." Danielle Robinson, president of the Ottawa Senators Foundation

Danielle Robinson, president of the Ottawa Senators Foundation

including Bayshore Shopping Centre's \$200 million in renovations, Ferguslea's \$100 million in its rental properties and the city's

economic development plan for Carling Avenue.

The Ottawa Senators Foundation has built two other rinks: One at Jules

Morin Park in Ottawa's lowertown district, which opened last January and the Rink of Dreams in front of City Hall, which opened

January 2012.

In the coming months, the foundation will announce three other rinks to break ground this year.

Social housing grows, still 'a long way to go'



Ottawa Centre NDP MP Paul Dewar chats with people during lunch at the Shepherds of Good Hope March 2012. METRO FILE

Local shelters may struggle with overflow under frigid weather, but residents in both Gatineau and Ottawa will soon have more social housing options.

Gatineau set aside \$2.1 million in its 2014 budget towards 125 new social housing units, while Ottawa has been investing \$14 million annually since 2011.

"We're helping our citizens to stay out of the street," said Alain d'Entremont, director of public relations for Gatineau. He said Gatineau has aimed to contribute funding for 125 social housing units every year for the past decade — and so far has built 1,500 units over that timeframe.

While social housing

spending between Ottawa and Gatineau seems disparate, the breakdown is more complicated.

Ottawa manages about two-thirds of its community housing units, while co-operatives and non-profit organizations oversee the rest. Meanwhile Gatineau acts less as a manager and more as a partner in its social housing initiatives. Because of that, the city does not have statistics on its waiting list for social housing.

There are 9,700 households on Ottawa's social housing waiting list, according to Stephen Arbuckle, the city's manager of housing services.

Mike Bulthuis, executive director of the Alliance to End

Homelessness Ottawa, said the \$14 million investment is encouraging, but more could be done.

"Is it enough? No. Is it a positive thing? Yes," he told Metro Tuesday. Apart from more funding, he said Ottawa needs incentives to encourage developers to build more social housing units, while the federal government needs to play a more "meaningful" role in social housing.

Bulthuis said that for many Ottawa residents, emergency shelters are not just for cold snaps — they provide lodgings for months, or even years.

"We know we have a long way to go," he said.

LUCY SCHOLEY/METRO

Name-changer

Lansdowne stadium, arena to be called TD Place

Even though the sports facilities at Lansdowne Park will now be known as TD Place thanks to a new agreement with the bank, Ottawa Sports and Entertainment Group (OSEG) says Ottawa residents can still call the city landmark Lansdowne Park.

OSEG chairman Roger Greenberg issued a news release Tuesday after news of the deal leaked out Monday. Several people condemned the deal on Twitter, calling it another bad example of corporate sponsorship.

JOE LOFARO/METRO

Did you look up from a screen to read this?

Odds are you did, says a recent report. Half of Canadians say they spend close to 90% of their free time staring at a TV, tablet or smartphone

Canadian smartphone owners estimate they spend an average of nearly 90 per cent of their free time staring at one of the many screens they own, suggests a recently released report.

In an online poll of 28,000 Canadians — conducted in August by Ipsos on behalf of Google — half the respondents said they owned a smartphone. Of the smartphone users, 99 per cent also had a computer, 88 per cent had a TV, and 39 per cent had a tablet.

Smartphone owners admitted that they'd peg their screen time, including watching TV, using a computer, tablet or e-reader at



Canadian smartphone owners spend an average of about 86 per cent of their free time looking at one of their many screens, a recently released poll suggests. ISTOCK

about 86 per cent of their free time.

On the flip side, they figured they spent only 14 per cent of their leisure time daily listening to the radio, reading a printed page or enjoying other non-digital activities.

On average, smartphone

owners said they spent about an hour and a half each day on their phone for personal use, with about 56 per cent happening outside the home.

Tablet owners said they were using their device for about an hour and 15 minutes daily, and three-quarters of that usage was at home.

On the other hand...

Multi-tasking users were most likely to be on their phone while watching TV, followed by a pairing of using their phone and their computer together, and then using their tablet while channel surfing.

- Half of all TV viewers said they always have their phone, tablet or computer with them while looking for something to watch.

Computer users said they spent three hours and 10 minutes working or playing on a PC daily in their personal time, including an hour away from home.

When asked about using their devices simultaneously — for example, swiping and tapping on a phone or tablet while watching TV — 87 per cent said they do it at least once a week.

THE CANADIAN PRESS

U.S. woman who assisted with mom's suicide gets time served



Shirley Vann, left, her daughter Linda Jean McNall and their two dogs are shown in this family photo. A U.S. mental health advocate hopes an Arizona woman who admits she helped her mother commit suicide in Canada will continue to get care if she's deported. THE CANADIAN PRESS/HANDOUT

An Alberta judge has agreed that an American woman who pleaded guilty to helping her mother kill herself should not have to spend any more time behind bars.

Judge Charles Gardener sentenced Linda Jean McNall to eight months of time already served on the rare charge of aiding suicide in the death of her 79-year-old mother, Shirley Vann. That was the recommendation made by both the Crown and the defence.

Court heard details about a suicide pact McNall made with Vann. Both had health problems and had cared for one another for decades.

Last spring, after Vann's health deteriorated, they sold their belongings, left behind mounting medical bills and drove from Sierra Vista, Ariz., to Canada's Rocky Mountains.

They pitched a tent near Hinton, 300 kilometres west of Edmonton, injected themselves and their two pet dogs with insulin, swallowed sleeping pills and opened a propane tank.

Vann and the animals died, but McNall, 53, survived.

McNall, who had worked as a nurse, pleaded guilty to the crime last month. The sentence means McNall, who still suffers from depression and was being treated at Alberta Hospital, will be deported to Arizona.

McNall's lawyer, Laura Stevens, said her client will spend the night in jail in Edmonton and will be flown back to Phoenix on Wednesday. There, Stevens said, her client is scheduled to be evaluated by a case worker and a crisis management team.

Gardener noted the progress McNall had been making recently at Alberta Hospital after two more suicide attempts while there.

"I take some comfort that your condition is improving," he told McNall, who was seated in the prisoner's box. "I hope you will receive some ongoing treatment and comfort ... and that you eventually find worth and value in your life."

THE CANADIAN PRESS

Vancouver. Protesters who disrupted Harper event won't be charged

Vancouver police say they won't be pursuing criminal charges against two climate-change protesters who came within touching distance of Prime Minister Stephen Harper on a stage at an event in Vancouver.

The protesters, who have publicly identified themselves as Sean Devlin and Shireen Soofi, walked on stage during a Vancouver Board of Trade question-and-answer event at a downtown hotel on Monday.

They were quickly removed and the event carried on, but the stunt raised questions about how two activists could get that close to Harper.

Sgt. Randy Fincham said



Prime Minister Stephen Harper's security keeps watch during his arrival at the Shell Aerocentre during his Western tour in North Saanich, B.C., Monday.

CHAD HIPOLITO/THE CANADIAN PRESS

Alberta. Man likely to face attempted murder charge after shootout with RCMP

RCMP say a man who was wounded in a shootout with Mounties on a farm east of Edmonton will likely face attempted murder and firearms charges.

One officer had his arm grazed by a bullet and another was run over by a truck driven by the suspect, who had been hiding in a shed.

The officer who was run over suffered broken bones and internal injuries and

was undergoing surgery at an Edmonton hospital Tuesday afternoon.

Police said a couple arrested on the farm with the alleged gunman were later released without being charged.

The alleged gunman was in hospital being treated for gunshot wounds.

The wounded suspect was arrested after a lengthy standoff.

THE CANADIAN PRESS

Mexico City

2 Canadian women arrested in alleged firebomb attack

Two Canadian women have been arrested in Mexico City in connection with a firebomb attack on a government transportation department office and a car dealership. A Mexican man

was also detained.

Prosecutors say the three face possible charges of causing damages to the office and the nearby car dealership.

The motive in the attack was not immediately clear.

Some Mexico City banks have been hit in recent years by small incendiary devices.

Those attacks have been attributed to small groups of leftists or animal rights activists. THE ASSOCIATED PRESS

Congrats! Washing machine gives birth to fully grown man

Oil's well that ends well. Nude Australian extricated from washer using prized olive oil

A naked Australian man who became stuck in a washing machine as part of an ill-planned practical joke was

freed from the appliance with the help of an unusual rescue device: olive oil.

The 20-year-old man, identified only as "Laurence," told Australia's Fairfax Radio that he was on his way to take a shower on Saturday when he decided to climb into the top-loader to have a bit of fun. The fun quickly evaporated, however, when he realized he

couldn't budge.

He called out to his friend for help, who rang the police. They responded to the scene, along with firefighters, paramedics and a search-and-rescue squad.

"He was very well wedged in there, and we were concerned for his health and well-being," Shepparton police Sgt. Michelle De Araugo told the

Priorities

"I was quite disappointed they used my good olive oil."

Would-be prankster 'Laurence'

Shepparton News. "It was just a game gone wrong. It would be fair to say the gentleman was very embarrassed."

Rescuers tried in vain to pull Laurence from the machine. But when it became clear he was seriously stuck,

they grabbed a bottle of his favourite olive oil to help lubricate his escape.

The oil worked, and he popped out.

"I was quite disappointed they used my good olive oil," Laurence told Fairfax Radio. "As soon as the washing machine went on its side, it was a bit like a birthing."

THE ASSOCIATED PRESS



Can't-sea otter finds safe home at Vancouver Aquarium

Walter, a sea otter blinded by a shotgun in October, was moved from the Marine Mammal Rescue Centre to the Vancouver Aquarium on Tuesday after he was deemed not-releasable into the wild. The otter suffered multiple shattered bones in his flipper and needed oral surgery to treat damage caused by the shotgun pellets. Veterinarians were unable to save Walter's eyesight. SINDHU DHARMARAJAH/METRO IN VANCOUVER

Dude, what did you eat? Radioactive diapers set off alarms at incinerator

Austrian hazmat specialists have discovered why gauges showed alarmingly high readings for a dump truck — radioactive adult diapers.

After unloading the truck, firefighters from the hazardous-materials unit of the city of Linz found nearly two dozen diapers from a hospital that had become contaminated with radioactive iodine.

The substance is swallowed during some medical and diagnostic procedures.

While radiation levels were substantially above normal, officials say no one was in danger during Tuesday's incident.

However, the truck will stay in a metal container for eight days — the time it takes for the emissions to reach safe levels. THE ASSOCIATED PRESS

Big bell, tough sell

On a ring and a prayer — stolen bell worth \$20,000 brought back to Anglican church

A bell worth more than \$20,000 that was stolen from a Newfoundland and Labrador church has been returned.

Holy Innocents Anglican Church in Paradise says the 600-pound bell was taken from the church

on Friday, prompting a public plea for its return.

Deacon Keith Sheppard says police were contacted on Monday by a scrap-metal business that had been approached to purchase the bell.

Sheppard says the bell, which has been slightly damaged, is back in their possession and stored away.

It was set to be installed on the church in the spring.

The police investigation is ongoing.

THE CANADIAN PRESS

Kraft at a loss for curds. Not-cheese may be not available for few weeks

Playoff parties may have one fewer dip option this year.

Kraft Foods says some customers may not be able to find Velveeta cheese over the next few weeks. A representative for the company, Jody Moore, didn't give any reasons for the apparent shortage, saying only that they happen from time to time given the "nature of manufacturing."

She noted that the lack of availability is more noticeable because of the seasonal demand during the NFL playoffs. The company has been airing TV commercials featuring a recipe for a chili con queso dip made with Velveeta.

Moore says it should be a short-term situation and that Kraft hasn't yet heard from any customers who are having problems finding the product. She did not say whether the company experienced a similar shortage last

Whey your options

The shortage affects only the Velveeta hard cheese products, but was not limited to a specific area.

- "It is possible consumers in any part of the country may not be able to find some Velveeta products," company representative Jody Moore said in an email.

year.

The trade publication Ad Age reported the issue Tuesday, quoting an employee at a Brooklyn-area grocery store who didn't expect shipments again until February due to a plant issue.

Kraft Foods Group Inc., based in Northfield, Ill., owns many brands, including Jell-O, Oscar Mayer and Maxwell House. THE ASSOCIATED PRESS



China's 'No. 1 philanthropist' sings a little song for the U.S.

'My Chinese dream.'

News conference about treating burn victims called propaganda by protesters

A business tycoon who bills himself as China's No. 1 philanthropist told reporters in New York on Tuesday that he has brought two women to the U.S. to undergo surgery for disfiguring burns they suffered when they set themselves on fire in Beijing's Tiananmen Square in 2001 amid the Chinese government's brutal crackdown on Falun Gong practitioners.

Chen Guangbiao introduced the two women to U.S. and Chinese reporters at an unorthodox and sometimes tense news conference at a hotel near Central Park. Chen began the



Chen Guangbiao opens a news conference in New York by performing *My Chinese Dream*, an original composition. THE ASSOCIATED PRESS/RICHARD DREW

conference by singing a song he wrote himself, which included the soaring lyric, "The whole world will witness my Chinese

dream!"

Then he talked of having a plan to buy The New York Times. He has said the paper

should be more "objective" in its coverage of China.

Practitioners of the Falun Gong spiritual movement pick-

eted the event, saying the two burn victims were propaganda tools of the Chinese government. THE ASSOCIATED PRESS

Sweden

Minister has zero tolerance for pot deaths... fake or not

Sweden's justice minister, Beatrice Ask, is facing criticism for posting a spoof article about marijuana-linked deaths on her Facebook page along with comments about her zero-tolerance against drugs.

After linking to the article, she wrote, "Stupid and sad. My first bill in the youth wing was called Outfight the Drugs..." Ask's press officer said Tuesday the minister was aware the article was fake and was trying to criticize the website for joking about such a serious matter.

THE ASSOCIATED PRESS

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Snow struck**Stranded trains arrive in Chicago**

Hundreds of Amtrak passengers who spent the night aboard three trains stranded in snow in northern Illinois have begun to arrive in Chicago, rail line officials said Tuesday morning.

About 300 passengers on two trains that were stuck near Mendota, about 130 kilometres from Chicago, boarded buses in Princeton for the final leg of their trip, said Amtrak spokesman Marc Magliari. They began arriving in downtown Chicago around 7 a.m. Tuesday and more were expected to arrive throughout the morning.

THE ASSOCIATED PRESS

Icy seas**Chinese ship breaks free**

A Chinese icebreaker that became trapped last week after coming to the rescue of a Russian research ship stuck in heavy sea ice in Antarctica broke free on Tuesday, state media reported. The Xue Long, or Snow Dragon, reported becoming trapped

on Friday, a day after its helicopter rescued 52 scientists, journalists and tourists on board the Russian Akademik Shokalskiy, which got into trouble on Christmas Eve. They were then transferred to an Australian icebreaker to take them home. It escaped after making a 100-degree turn and pushing away the ice, thereby splitting it and opening up a channel of water.

THE ASSOCIATED PRESS

Report**Disasters killed more people last year: Insurer**

The German insurance company Munich Re says some 20,000 people died in natural disasters last year, about twice as many as in 2012.

Most of the deaths

resulted from Typhoon Haiyan that hit the Philippines, Vietnam and China in November with a loss of almost 6,100 lives. Also taking a deadly toll were floods in India, which killed about 5,500 people in June. Munich Re's annual disasters report released Tuesday found that the economic cost of natural catastrophes was lower last year.

THE ASSOCIATED PRESS

Life-threatening polar freeze descends over parts of U.S.

Indiana. At least 15,000 people were without power early Tuesday, and officials warned some could be in the cold for days

Brutal cold settled over parts of the U.S., sending the mercury plummeting Tuesday from New York and Washington to Atlanta, Nashville and Birmingham, where many people have little experience dealing with freezing weather.

The morning weather map for the eastern half of the U.S. looked like an algebra worksheet: lots of small, negative numbers. In fact, the Midwest and the East were colder than much of Antarctica.

Georgia, where the temperature dropped into the single digits, was colder than many cities in Alaska. While Kodiak and Juneau regis-

tered 4 and Anchorage was at -2, Atlanta dipped to -14 degrees early in the morning, or nearly 17 degrees below the average low this time of year.

"This is severely cold for these parts," said Brian Lynn, a National Weather Service meteorologist in Peachtree City, Ga.

Farther south in Pensacola, Fla., a Gulf Coast city better known for its white sand beaches than frost, streets normally filled with joggers, bikers and people walking dogs were deserted early Tuesday as the morning remained in the negative teens. Downtown, Monica Anderson and Tommy Howard jumped up and down and blew on their hands while they waited for a bus, struggling to stay warm.

Anderson said she couldn't recall it ever being so cold.

"I'm not used to it. It is best just to stay inside until it gets better," said Anderson.

THE ASSOCIATED PRESS

**Prison brrr-eak****Fugitive too cold to get far, gives up**

Just how cold is it in the U.S.? Apparently cold enough for an escaped prisoner to turn himself in. Authorities say the inmate escaped from a minimum security facility in Kentucky on Sunday. As temperatures dropped far below freezing Monday, they say he walked into a motel and asked the clerk to call police. Lexington police spokeswoman Sherelle Roberts says 42-year-old Robert Vick told the clerk he wanted to turn himself in and escape the arctic air. Roberts says Vick was checked out by paramedics and returned to Blackburn Correctional Complex.

Extreme cold causes delays at Toronto airport



Extreme cold in the Toronto area, where temperatures plunged to about -40 C overnight with the wind chill, caused a rash of delays and flight cancellations Tuesday at Pearson International Airport.

The airport put a so-called ground freeze on all North American arrivals through the morning, but it was lifted at 10 a.m. More than 600 flights were cancelled throughout the day and many more were delayed.

The freeze was put in

place because of the extreme cold's effects on equipment and efforts to minimize time outdoors for employees, said Greater Toronto Airports Authority spokeswoman Sheren Daghestani.

"It was the extreme weather conditions that impacted safe operations and employee safety," she said. "When it comes to refuelling or removing the bags, those need to be done by employees."

The problems were reportedly compounded by a backlog of planes waiting for gates

to open to off-load passengers, travellers waiting hours to collect their luggage and long lineups snaking through Pearson's terminals.

Robert Palmer, spokesman for WestJet, said the company's planes couldn't take off Monday night, creating a bottleneck at the gates.

"As soon as a gate became available, we would push a plane to that gate, we would let the people off. We did not take their baggage off because that would've taken extra time and meanwhile

there was a lineup of people in planes waiting to get off the plane," he said.

Connie Smith said she'd dealt with several weather-related delays and missed connections on her journey from Edmonton back to her home in Newfoundland. She and her husband were stranded overnight in Toronto. "This is horrible, just the waiting and the lineups. It should be more organized," she said as her husband stood in line at a service counter.

THE CANADIAN PRESS

Syria. First batch of poison gas shipped out

The first batch of Syrian poison gas chemicals was loaded onto a Danish cargo ship and taken out of the country Tuesday, a week later than initially planned, the United Nations announced.

The announcement that the raw materials had been loaded onto the ship at Syria's Latakia port marked a belated but crucial step in the international operation to rid President Bashar Assad of his declared chemical weapons program by mid-year.

The chemicals removed Tuesday will eventually be

Missed deadline

The most dangerous chemicals in Syria's stockpile were to have been removed from the country by Dec. 31, but poor security, bad weather and other factors meant the mission missed that deadline.

transferred to a U.S. ship, the Cape Ray, which has been fitted with special machinery, and destroyed on board.

THE ASSOCIATED PRESS

Drug lords going bananas?

Cocaine haul sent to supermarkets

Police in Germany seized a large haul of cocaine after smugglers apparently made a mistake that sent the drug to supermarkets.

Workers at five stores in and around Berlin were surprised to find cocaine

packed into crates of bananas on Monday — a total of 140 kilograms worth about \$8.2 million US.

The head of Berlin's anti-drugs squad said Tuesday that the crates had come from Colombia via the German port of Hamburg and the discovery was "pure chance."

THE ASSOCIATED PRESS

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Taliban deny sending girl, 10, to blow up checkpoint



Spozhmai, a 10-year-old Afghan girl, is seen in the Khan Neshin district in Afghanistan's Helmand province on Monday. She told police her brother wrapped her in a suicide vest but that she refused to blow herself up at a checkpoint. ABDUL KHALEQ/THE ASSOCIATED PRESS

Human rights groups scoff. Insurgents have dispatched children for suicide bombings, but girls have been used only rarely, they say

The Taliban denied Tuesday that they dispatched a 10-year-old girl to carry out a suicide attack against Afghan police, a day after the girl said her brother wrapped her in an explosives-packed vest but that she refused to blow herself up at a checkpoint in Helmand province.

Border police in the south-

Taliban denial

"We never do this, especially with girls."

Taliban spokesman Qari Yousef Ahmedi, denying any involvement in the plot, which he dismissed as government propaganda.

ern Afghan province arrested the girl's father, Abdul Ghfar, and were searching for the brother, a police commander said. The girl, who was detained Monday and identified herself only as Spozhmai, said her brother is a Taliban commander.

Addressing television cameras on Monday, she said her brother, Zahir, told her to approach a checkpoint and ask the deputy commander for a ride with him to neighbouring Kunar province. "I agreed, then he attached the vest on my body and told me to spend the night here and leave in the morning," she said.

But after she and her brother spent the night somewhere, she said she had second thoughts. "I said I won't go, then he took off the vest and tried to convince me that they (police) will die and I will remain alive," Spozhmai said. She said her brother then fled with the vest.

THE ASSOCIATED PRESS

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Canada Goose gets pecked back over trademark lawsuit

Statement of defence.

Feathers are flying as retailers hiss at each other over allegations of selling knockoff parkas

Canada Goose is trying to "bully" Sears Canada Inc. and other retailers through litigation, Sears is alleging in court documents as it hits back at a trademark infringement lawsuit.

The parka maker's real motive is to curtail the sales of lower-priced winter jackets so Canada Goose can keep selling its products "at a huge markup," Sears alleges.

Canada Goose alleges in a lawsuit filed late last year that Sears is selling knockoffs of its highly distinctive coats.

The department store has



Canada Goose parkas are known for a circular logo on its sleeve, fur hood and hefty price tag. THE CANADIAN PRESS

Goose's "campaign of intimidation."

Canada Goose is trying to claim the exclusive right to sell any winter coat with a fur collar "of any sort" or with a circular logo on its sleeve, Sears alleges in its statement of defence.

Neither Sears' nor Canada Goose's allegations have been proven in court.

Canada Goose alleges that Sears is intentionally trying to mislead consumers into believing they're buying a "lower-end" Canada Goose jacket, the parka maker alleges in its lawsuit.

In its statement of defence, Sears says no consumer could confuse a Canada Goose jacket with Sears' Alpinetek coats. Sears has held a trademark for the Alpinetek logo since 1998, Sears wrote in its defence.

THE CANADIAN PRESS



Crystal (glass) clear sound

Media photograph a glass speaker during the International Consumer Electronics Show, Sunday in Las Vegas. The speaker, by ClearView Audio, uses a single piece of curved millimetre-thick acrylic glass, which sits on a dock that vibrates it so that it can play music. THE ASSOCIATED PRESS

Appptacular sales

Apple's app store tops \$10B in 2013

Apple says people spent more than \$10 billion US in its app store last year, on apps such as Minecraft, Angry Birds Star Wars and Sleep Cycle alarm clock. **THE ASSOCIATED PRESS**

Market Minute

DOLLAR
 \$92.83¢ (-1.05¢)

TSX
 13,596.93 (+101.39)

OIL
 \$93.67 US (+\$0.24)

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| • February 18, 2014 | 6:30 p.m. | Online Webinar |
| • March 11, 2014 | 6:30 p.m. | Kanata Holiday Inn & Suites |

The next enrolment date is March 4, 2014.



We see more than numbers.

MORE THAN MEETS THE EYE

You have to feel sorry for Michael Bay.

Not because he's the director of epic Hollywood stinkers such as the Transformers movies and classic clunkers such as Pearl Harbour and Bad Boys II.

No, we have to send Michael a hug because he has suffered through the worst experience ever. There he was at the giant Consumer Electronics Show in Vegas on Monday, presenting on behalf of the 105-inch, curved-screen TV from Samsung, when he lost his place on the teleprompter and couldn't find it again.

After stammering and shuffling for the world's longest minute, he walked off the stage, leaving the Samsung guy holding the bag.

An ignominious retreat for the whiz kid who learned at the knees of George Lucas and Steven Spielberg to become one of the richest Masters of Tinsel Town, worth more



JUST SAYIN'
Paul Sullivan

metronews.ca

than \$400 million, according to Celebrity Net Worth.

The other reason we should feel sorry for Michael Bay is that nobody else is. Going mute at the world's foremost consumer electronics show is bad enough, but the peanut gallery is howling with delight.

Someone said he only did what so many before him have wanted to do: walk out of a Michael Bay production. Someone else observed that it was the first time he seemed uncomfortable without a script.

Whoa. Tough crowd.

And that's going to make it tougher for the 75 per cent of us who fear public speaking more than death itself. Yes, that's true.

Glossophobia, as the fear of public speaking is called, is the No. 1 phobia, beating out the fear of death, and No. 3, fear of spiders. Jerry Seinfeld once observed that at a funeral, most of us would rather be in the casket instead of

giving the eulogy.

Even if it's just standing in front of the class to spell glossophobia, most of us would rather die. My first real bout with stage fright happened in Grade 8, when I was required to stand in front of a packed school gym and play Moon River on the trombone. Somehow I got through the whole thing even though the sheet music kept slipping off the stand. But I kept thinking: There are two people in the audience who actually want to hear this, and I'm only sure about one of them (my mother).

No word on whether Michael Bay's mother was in the audience at CES, but it's a good idea for the jackals to remember that he has one, and she must be suffering agonies for her boy. For the sake of his mother, get off his case.

And if that doesn't move you to sympathy, you can at least learn from this ghastly experience. The next time you have to stand in front of an audience, before you go on, remember what happened to Michael Bay.

If that doesn't cause you to break into a flop sweat, nothing will.

ZOOM

Poached in their safe haven



COURTESY TIM WATTERS/SEA SHEPHERD AUSTRALIA

Protected whales seen captured

Activists have released rare photographs of protected whales killed by a Japanese fleet inside an internationally recognized ocean sanctuary.

Anti-whaling campaign group Sea Shepherd captured aerial footage of three minke whales' bloodied carcasses lying on the deck of Japanese vessel Nisshin Maru.

METRO

Japan has loophole in moratorium

The images, purportedly taken inside the Southern Ocean Whale Sanctuary in Antarctica's Ross Dependency, have drawn international criticism from activists and politicians. Commercially hunting whales is banned in the region, but Japanese fleets allegedly capture the animals under a "scientific research" loophole in the moratorium on whaling. METRO



The image released by Sea Shepherd shows a bloodied deck of the Japanese whaling vessel Nisshin Maru. CONTRIBUTED

Surveillance

- The chairman of Sea Shepherd Australia says there is no oversight from the federal government.
- Last month, Australia's environment minister said there would be a plane sent to monitor the operation. Prior to the election, he said there would be a ship.

ance can snap images of your home and can remember the positioning of objects to sense when an area is already clean. It can also help clean air in the home via a HEPA filter, according to LG.

Panasonic's nanoe wet dry hair dryer:

A hair dryer may not seem all that impressive next to the many high-tech devices and gadgets at CES, but what makes Panasonic's nanoe hair dryer stand out is that it has the ability to add moisture to hair while drying it. According to Panasonic, the dryer breaks blown ions down before infusing them with moisture so imagine drying your tresses without having to worry about drying them out.

scoring a highlight goal :)

@metropicks asked: Team Canada announced its roster for Sochi Olympics. Who would you have liked to see make the cut?

@KurtPenner: I would have picked Marty St Louis! #heart #consistency #goals #speedy #jiltedlasttime

@kfox9611: #TeamCanada should've brought Joe Thornton.. Imagine he scored 4 goals in the Olympics... #JumboJoe

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WE WANT TO HEAR FROM YOU:

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2

Pack A.D. to engage new fans with Do Not Engage

Shift in sound.

Garage-rock duo push for a bigger audience with latest album

Vancouver garage-rock duo the Pack A.D. finally cleaved their way onto Canadian airwaves with 2011's *Unpersons*, a record that strayed far from the skeletal hard blues that marked their early work.

With *Do Not Engage* — out Jan. 28 — the band is pushing its newfound tunefulness even further, and the duo is blunt when asked to describe the shift in sound.

"Now our songs have things like choruses," said drummer Maya Miller during a recent chat in Toronto. "They never used to. Truthfully, they do have more melodies now."

Shedding their nascent primal-blues leanings almost completely, the Pack A.D. here channel the melodic fuzz of '90s post-grunge and lo-fi for a concise set of 11 songs that recall a range of influences including the Breeders, the Grifters and Superchunk.

There's still variety within that framework. "There's no real consistency but I kind of like that," singer Becky Black muses, but the common thread is a new accessibility.

And that pop craft arrived at a fortuitous time for the band, seemingly perched on the cusp of a breakthrough.

Since *Unpersons* came out, they became Juno Award nominees for breakthrough group (natch), signed with Nettwerk Records — such a sufficiently large label that Black marvels



Vancouver garage-rock duo the Pack A.D., from left, Maya Miller and Becky Black. CONTRIBUTED/THE CANADIAN PRESS

"there's a lot more people to remember" — and whisked their undomesticated live show across some larger stages, including a gig last month opening for the Arctic Monkeys.

Miller and Black acknowledge that a desire to capitalize on such opportunities did influence their songwriting.

"I think it obviously played a part in coming up with this album," Miller said.

"I also think people now can dance to our new album," she added. "I think it's been harder to dance to our music in the past. We used to have less opportunity for that. It was very odd music. It didn't really go anywhere. So maybe

On the band's past albums

"There's nowhere to move with happiness. I think it's a terrible place to be. It's complacency. You do not grow from being happy."

Pack A.D. drummer Maya Miller

it's going somewhere."

If it sounds as though the pair is unhappy with their earliest work — 2008's *Tintype* and *Funeral Mixtape* — well, that's pretty accurate.

Those elemental recordings helped the duo gather a following, but they're not representative of where the group is at now.

"For me, I tried to think we didn't do those first two

albums," Miller said. "Not in a really bad way, but it just feels like I don't even understand what we were doing then."

"I guess you have to look at it positively though," Black interjects. "The only reason the albums are better now is because they were bad in the beginning."

And that dissatisfaction pushed them to where they are now. **THE CANADIAN PRESS**

Grammys

Daft Punk GETTY IMAGES FILE

Daft Punk to perform with Stevie Wonder

For a group that had one of the top albums of the past year, Daft Punk has been keeping a low profile — even lower than the duo's disguise-happy public persona would suggest.

Since releasing their hit *Random Access Memories* in May, the helmeted ones haven't even performed live in front of an audience.

But when you're nominated for five Grammys, that's kind of a command performance, especially when one of those nominations is for Album of the Year.

In the grand tradition of unlikely Grammy pairings that actually make a lot of musical sense, Daft Punk will be performing with Motown legend Stevie Wonder, the show's executive producer Ken Ehrlich told *Rolling Stone*.

Rolling Stone also reported that Pharrell Williams and Nile Rodgers will perform with Daft Punk, so you can expect a rendition of their mega-hit, *Get Lucky*. **METRO**



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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Twilight's Lutz on those Miley rumours

MEREDITH ENGEL
Metro World News

Ever since being spotted together at Beacher's Madhouse MGM around New Year's, The Legend of Hercules star Kellan Lutz has been linked with the world's most famous twerk monster, Miley Cyrus. But is there any truth to that rumour? We spoke to Lutz, who set the record straight.

"I adore the girl, and people assume stuff just because you're photographed

at a party with multitudes of celebrities and public figures," he says.

"She's been a close friend of mine for years and we're friends. It's always great to hang out, especially with her being so busy and me being so busy."

"But the gossip and all these rumours that insiders say, they're funny because I don't look at these tabloids. ... I'm like, 'Where do people come up with this?' It's like people can just say 'insiders said' and then they can cover their butts that way. But no, she's an awesome girl and a really good friend."

So, folks, time to put away those fantasies of a tongue-wagging vampire baby.



Evan Peters and Emma Roberts ALL PHOTOS GETTY IMAGES

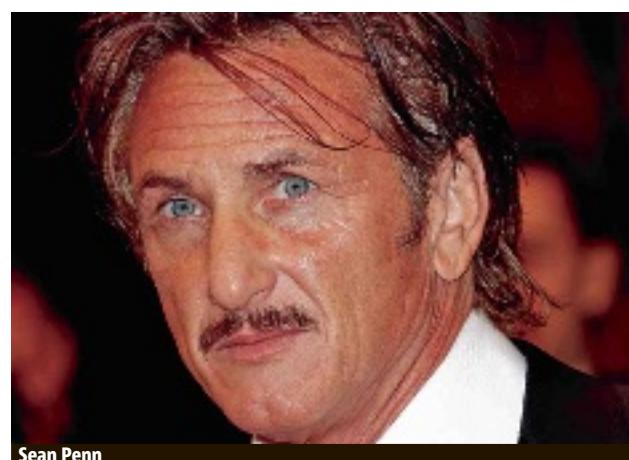
American Horror Story co-stars to wed — despite domestic abuse arrest

Evan Peters reportedly proposed to his American Horror Story co-star and girlfriend, Emma Roberts, over the holidays in New York before heading off to London for New Year's, according to People magazine.

The couple returned to the U.S. this week, with Roberts sporting a diamond on her ring finger.

Roberts, who has been dating Peters since 2012, was

arrested on domestic violence charges last year after an incident that left Peters bloodied, though she was released a few hours later after he refused to press charges.



Sean Penn

Charlize and Sean 'can't get enough of each other'

Sean Penn and Charlize Theron don't seem to be wasting any time with their new rumoured romance, reportedly spending nearly every day — and night — together since returning to L.A. on

New Year's Day from a holiday getaway in Hawaii, according to E! News. "They are spending night after night together and moving very fast," a source says. "It seems like it's getting serious and they can't get enough of each other."

Twitter



@samantharonson

Tried to be a human being and went to sleep before midnight, now I'm wide awake. Is this what you guys do? Now what?



@DanaDelany

lost 150 followers with Twitter update. Weird. Any-one else?



@SteveMartinToGo

I'd like to apologize for calling Polar Vortex winter. It's actually more of a spring.

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HOTELS

14

TRAVEL

metronews.ca
Wednesday, January 8, 2014

Tulum's beach on the Riviera Maya in Mexico features not only beautiful sand but pure, aquamarine waters and the ruins of an ancient Mayan village. JIM BYERS/METRO

Tell the snow where to go

And say hello to sand.
Thaw the winter chill with an overview of some great beaches



JIM BYERS
jimbyerstravel.com

What with ice storms and snow and cold snaps, we could all use a bit of sand and surf right about now. Here's a look at eight of my favourite beaches in North America and the Caribbean.

Trunk Bay, St. John, U.S. Virgin Islands

Perhaps the prettiest beach I've ever seen, with incredible water and even an underwater snorkelling trail you can follow. There's hardly a building in sight, the water is calm and

there are great views of the British Virgin Islands.

Napili Beach, Maui, Hawaii

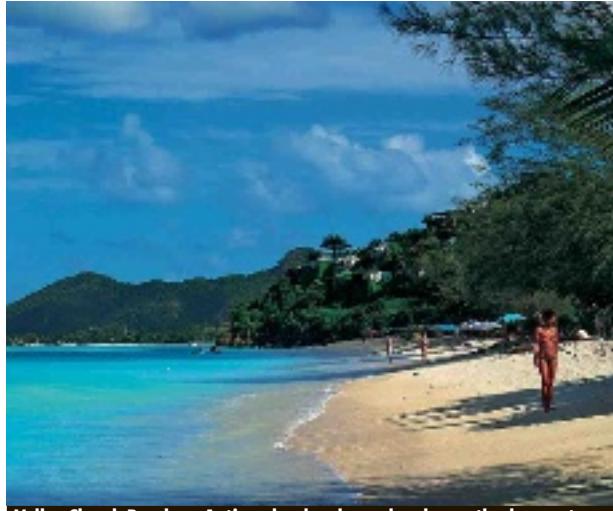
A perfect crescent of soft sand on a beach where no building can go more than two stories high. Safe for kids at the north end and decent body-surfing at the south end, plus awesome views of nearby Molokai and killer sunsets.

Miami

Yeah, this is an obvious, easy one. But how can you resist the pretty people and great bars and the luscious Art Deco architecture? Try the SoHo Beach House for an artsy hotel stay or strut your stuff on Haulover Beach, one of the few legal nude beaches in the U.S.

Sugar Beach, St. Lucia

It's not big but it's flanked by glorious, jungle-clad, deep green outcroppings of rock called The Pitons. There's a



Valley Church Beach on Antigua has lovely sand and smooth, clear waters.

great snorkelling reef that's a UNESCO heritage site.

Tulum, Mexico

If you get tired of checking out the pretty, young people cavorting in the aquamarine

water, you can gaze at the lovely rock formations or soak in the view of Mayan ruins overlooking the sea.

Valley Church, Antigua

The soft, white sand goes

on for a good long while and the beach is flanked by pretty green hills dotted with vacation homes. There's a nice beach bar called The Nest.

Capitola, Calif.

I once called this village the best California surf town. The Beach Boys never sang about. There's a pier for viewing sea lions or surfers and several rows of colourful homes right on the sand.

Hanalei Beach, Kauai, Hawaii

A gorgeous, long stretch on the north coast. It can be rainy here but the views of the nearby mountains are glorious. The beach was featured in the movie The Descendants with George Clooney. I don't think you'll see him, but hope springs eternal, doesn't it?

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This recipe makes 12 to 14 scallops. MATTHEW MEAD / THE ASSOCIATED PRESS

Luxury meets ease: Bacon-Wrapped Scallops

Appetizer. What do you do if unexpected guests pop up at your door? Serve this super simple dish

Bacon-wrapped scallops are one of the most luxurious appetizers you can serve, not to mention one of the easiest to prepare.

Because there are only two main ingredients in this dish, you need to make sure you use the best quality — the biggest, freshest sea scallops you can find, and the most flavourful bacon. After that, they are so easy to grill that you hardly need a recipe.

There are two types of scallops, but only one of them is appropriate for the grill.

Tiny bay scallops are so sweet, you can eat them raw or just lightly sautéed. But they also are more expensive and not suited for grilling. What you want are the larger, less expensive sea scallops.

This all-protein finger

food appetizer is perfect for entertaining. It's simple to prep and quick to cook. You even could prepare them in advance.

Pre-cook the bacon to render some of the fat and make it soft and pliable for wrapping around the scallops. Then just refrigerate until your guests arrive and pop them on the grill when you want them.

They pair well with a simple maple-mustard sauce that is delicious dolloped on top of the scallops just before serving.

1. Heat the oven to 400 F. Set a wire rack over a rimmed baking sheet. Heat the grill to medium-high.

2. In a small bowl, mix together the mustard and maple syrup. Set aside.

3. Use paper towels to blot dry the scallops. Arrange them on a plate, then set aside.

4. Arrange the bacon in a single layer on the rack over the baking sheet. Bake for 10 to 12 minutes, or until just starting to cook.

Cooking tip

The scallops take very little time to cook, so you can cook the bacon in the oven or microwave for a couple of minutes before you wrap it around the scallops. That way, you are guaranteed to get crispy bacon and tender scallops.

Do not fully cook the bacon. Remove the bacon from the oven. If too hot to handle, let cool for several minutes. Once the bacon can be handled, wrap one slice of bacon around each scallop. Secure in place by threading one of the toothpicks through the bacon and scallop.

5. Use a pastry brush to lightly brush the tops and bottoms of the scallops with bacon fat from the pan. Season with salt and pepper. Grill for 2 to 3 minutes per side. Serve with the sauce for dolloping a bit onto each.

THE ASSOCIATED PRESS/ELIZABETH KARMEL, AUTHOR OF SOAKED, SLASHED AND SEASONED.

Ingredients

- 2 tbsp whole-grain mustard
- 2 tbsp maple syrup
- 1 lb jumbo sea scallops
- 1/2 lb centre-cut bacon
- Salt and ground black pepper
- Round wooden toothpicks,

soaked in water for 30 minutes

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Chuck the decor and get your foot back out the door

Of resolutions and resumés. How to get your head into the job-hunt game now that the nutcracker's been returned to storage

LEAH
RUEHILICKE
Metro World News

Presents have been opened, Santa has come and gone and all that remains from your holiday baking is that gingerbread house no one knows if they're actually supposed to eat or not.

The holidays are officially over, but there are some lingering holiday lessons you can use when it comes to your job search.

The new year is the perfect time for some classic out-with-the-old, in-with-the-new thinking, so reflect upon your seasonal cheer and use it to move forward in landing your dream job.

Embrace your inner snowflake

As the saying goes, no two snowflakes are alike — and the same should go for you.

Managers and recruiters interview hundreds of people a month. They've heard the typical rehearsed answers time and time again.

What they're looking for is something different: that



Put your game face on and get your sensational self out there. iSTOCK

views.

No one's going to hire the tired-eyed youngster with dishevelled hair.

If you look put together, your job search will naturally follow.

Believe in Santa Claus

When you're handing out endless applications and hearing nothing in return, it's easy to get discouraged and make the job hunt seem impossible.

The existence of good ol' Saint Nick also seems a tad implausible — but there's something about him that makes you want to believe in him.

Foster that into your job search as well. Believe in the impossible and power through. Santa (and your bank account) will thank you.

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Sussing out your CV support group

Reference check.

You can never have too many individuals singing your praise on the job hunt

MEGHAN GREAVES
Metro World News

During your studies and the early stages of your work life, you'll develop relationships with all sorts of different individuals and you never know how these relationships may help you down the road when starting your career search.

Your part-time employer, a mentor that you had while completing a campus or school project, a career counsellor, a professor or a peer with whom you worked on a big project are all examples of people who can become useful professional connections.

How to do it

Ask as you go

One of the easiest ways to build your references is to treat the connection process as an ongoing activity. This will help you avoid scrambling to remember all your important contacts when you need them.

Be sure to ask your potential references if they would be willing to give you a professional or personal reference letter, depending on the situation, once your work with them is complete.

If you aren't sure about the strength of your connection, stay in contact and work on building a relationship through email.



It's not just about who you know, it's about the people you know who think you've got plenty to offer. iSTOCK

Don't be afraid to ask

Asking someone for a reference doesn't have to be a daunting task — you've likely already established a good relationship with them.

Also, it isn't mandatory to ask for a reference face-to-face. Though this is the most formal way to ask for a reference, if the idea truly puts you out of your comfort zone or you can't meet with the person, over the phone or via email works well too.

job shows that you have been able to take on multiple tasks and successfully complete them. Volunteer experiences, work experiences, projects or participation in different societies are all good examples of tasks that require dedication and purpose.

Potential employers want to know that they're investing in someone who won't get up and leave at a moment's notice. Having references to back you up only makes you more credible.

Supports your résumé

Anyone can make claims on a résumé. While you can't have a reference for every single item on your résumé, having a variety of references for different skills — organizational skills, leadership skills, marketing skills — makes every part of your résumé more substantial.

If you have different contacts to pull from, then you also have the ability to tailor your references to each job application.

This can give you an edge and makes you more employable.

Why it's important to start now

Gives you credibility

Having references (you should aim to have at least three when applying for a

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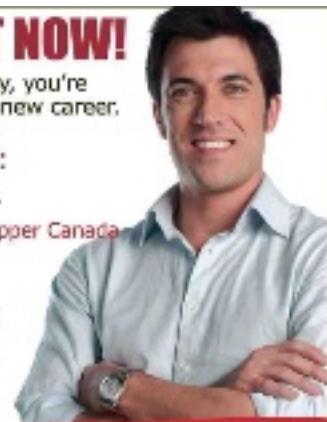
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FCU-13-019

Isn't it time to throw in the towel, old-timer?

The 'lump of labour' theory. Will a surge of older workers take jobs from the young? Economists say the opposite is true

It's an assertion that has been accepted as fact by droves of the unemployed: Older people remaining on the job later in life are stealing jobs from young people.

One problem, many economists say: It isn't supported by a wisp of fact.

"We all cannot believe that we have been fighting this theory for more than 150

years," said April Yanyuan Wu, a research economist at the Center for Retirement Research at Boston College, who co-authored a paper last year on the subject.

The commonly accepted vision of a surge of workers looks like this: A young post-doctoral student dreams of a full-time teaching job at their university, but there are no openings. An 80-something professor who has remained on the job long past what's considered "normal" retirement is blamed.

The problem with that vision is that there are probably full-time teaching positions available elsewhere, or the person blocking the young grad student from the job is only 40 years old, economists say.



Further, the veteran professor's decision to stay employed and productive may stir other job growth. He may bring research grants to his university allowing for other hiring, may take on assistants, and may be able to dine out and shop and fuel the economy more than if he weren't on the job.

None of that would have happened had he retired.

The theory Wu and other economists are fighting is

known as "lump of labour," and it has maintained traction in the U.S., particularly in a climate of high unemployment. The theory dates to 1851 and says if a group enters the labour market — or in this case, remains in it beyond their normal retirement date — others will be unable to gain employment or will have their hours cut.

It's a line of thinking that has been used in the U.S. im-

migration debate, in Europe to validate early retirement programs and it relies on a simple premise: that there are a fixed number of jobs available. In fact, most economists dispute this. When women entered the workforce, there weren't fewer jobs for men. The economy simply expanded.

The same is true with older workers, they argue.

"There's no evidence to support that increased em-

ployment by older people is going to hurt younger people in any way," said Alicia Munnell, director of the Center for Retirement Research and the co-author with Wu of Are Aging Baby Boomers Squeezing Young Workers Out of Jobs?

"It's not going to reduce their wages, it's not going to reduce their hours, it's not going to do anything bad to them," Munnell said.

THE ASSOCIATED PRESS

Some remain unconvinced

James Galbraith, a professor of government at the University of Texas at Austin, has advocated for a temporary lowering of the age to qualify for Social Security and Medicare to allow older workers who don't want to remain on the job a way to exit and to spur openings for younger workers.

- He doesn't buy the comparison of older workers to women entering the workforce and says others' arguments on

older workers expanding the economy don't make sense when there are so many unemployed people. If there was a surplus of jobs, he said, there would be no problem with people working longer. But there isn't.

- "I can't imagine how you could refute that. The older worker retires, the employer looks around and hires another worker," he said. "It's like refuting elementary arithmetic."

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Get tough and drop those pounds

Resolutions. Bold and controversial strategies to get fit and healthy for the new year

Fat Loser! Mental Toughness Training for Dieters, by Steve Siebold, is a book filled with 101 bold (and somewhat controversial) strategies to help anyone struggling with weight loss get fit and healthy once and for all. Siebold's top weight loss resolutions include:

Comply or die: Imagine informing your spouse you have been 99 per cent faithful in your marriage. You wouldn't be shocked at the incredulous reaction, yet we have been brainwashed to believe diets are different. They aren't. Success with your diet means 100 per cent commitment, which is why most people don't succeed.

Stop waiting to be rescued: Stop waiting for the drug company's magic pill. Stop waiting

for your doctor to scold you. Stop waiting for the government to save you. No one is coming to the rescue. You aren't a child and it's time to stop eating like one. No one but you can save yourself from being fat.

Stop socializing with fat people: This is one of Siebold's most controversial strategies — who wants to be told to avoid good friends just because of what they weigh? The reality is that fit people aren't better than fat people. Yet consciousness is contagious. The more you listen to fat people complain about the difficulties of dieting and working out, the more you will descend to their level of thinking. Be around fit people.

Grow up emotionally: Get brutally honest and begin to see yourself through the eyes of objective reality — that is, how you really look as opposed to how you wish you looked. This can be a bitter pill to swallow. But once you do it, the emotional burden of being



No one but you can save yourself from being overweight, according to author Steve Siebold. COLOURBOX

fat will begin to fade. Emotional maturity, fitness and better health can begin to take shape instead.

Expect to pay the price: There is a price to pay if you want to get fit. No one gets a free ride, and no one negotiates their

way out of doing the work and enduring the pain. You are already paying the price for being overweight, so pay the price one time to become a fat loser — the good kind — and reap the rewards permanently.

Siebold says that, consid-

ering all the information available on the threats of obesity, it's time to stop being stupid, stop playing Russian roulette, wise up, get tough and be an example to other fat people instead of a cautionary tale.

While his message is tough, he speaks from personal ex-

perience and is a former pro athlete who turned into what he calls a "fat tub of lard." He lost all the weight and today is in the best shape of his life and has a goal of ending the obesity epidemic worldwide. For more, visit fatloser.com.

METRO NEWS SERVICES

Rev up the romance in your relationship

The holidays tend to be stressful and busy, leaving little time and energy for romance and intimacy. According to a recent K-Y survey, 54 per cent of Canadians have experienced a sexual dry spell. Whether you are in your 20s or 50s, start the year off right by reconnecting with your partner.

Relationship expert Josey Vogels suggests these ideas.

Prioritize: Put your relationship first and make each other a priority. With the hassles of everyday life it's easy to take your partner for granted. Make sure you both know how important you are to one another by complimenting each other whenever possible.

Communicate: Work on your communication by not only listening to your partner but also speaking up. Stop worrying about being right and really listen to what your partner is saying. Encourage open dialogue between each other by dedicating one day a week to share your sexual needs, desires and frustrations.



Take time to reconnect with your partner this year. COLOURBOX

Be affectionate: Being more affectionate can increase feelings of intimacy. Even if it's brief, holding hands, cuddling before bed or kissing hello and goodbye can have tremendous health benefits and build feelings of connectedness between couples.

Play together: Instead of turning on the TV, dust off Monop-

oly or pull a deck of cards out and have a game night to create those feelings of connectedness.

Be adventurous: When you first started dating everything was new and exciting but after years, or decades, things become pretty routine. Step out of your comfort zone by trying something new together.

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Wednesday, January 8, 2014

Canadian men's Olympic hockey team executive director Steve Yzerman, left, and head coach Mike Babcock during the announcement of the 25-man roster on Tuesday in Toronto. ABELIMAGES/GETTY IMAGES

Team Canada staff stands by decisions

Olympic hockey. Kunitz, Marleau, Carter among questioned picks with likes of St. Louis, Giroux on outside looking in

For more than four months, Team Canada's management staff anguished over these decisions.

Still, it took until 1 a.m. ET Tuesday — 10 hours before the team was to be unveiled — for executive director Steve Yzerman and his staff to come up with a final 25-man roster for the Sochi Olympics.

"We had gone out last night for dinner and came back. We were down to a couple of names and it was a real strong, healthy debate," St. Louis Blues

Canada's 25-man roster

Goalies. Roberto Luongo, Carey Price, Mike Smith.

Defencemen. Jay Bouwmeester, Drew Doughty, Dan Hamhuis, Duncan Keith, Alex Pietrangelo, P.K. Subban, Marc-Edouard Vlasic, Shea Weber.

Forwards. Jamie Benn, Patrice Bergeron, Jeff Carter, Sidney Crosby, Matt Duchene, Ryan Getzlaf, Chris Kunitz, Patrick Marleau, Rick Nash, Corey Perry, Patrick Sharp, Steven Stamkos, John Tavares, Jonathan Toews.

general manager Doug Armstrong said. "At some point we had to stop at 25. When we got to that last name, we shook hands and said we're excited about this team."

With another gold medal the only measure of success, Yzerman, Armstrong and the rest of the management team read off names one by one, listing the group they hope will get the job done. Chris Kunitz,

Patrick Marleau and Jeff Carter had their names called, while Claude Giroux, Logan Couture, Martin St. Louis and many others got phone calls from the staff delivering the bad news.

"The calls this morning to the guys that weren't making it, those are real difficult calls," Boston Bruins GM Peter Chiarelli said at Tuesday's news conference. "It kind of

leaves an empty feeling in your stomach."

As difficult as those decisions and conversations were, they were necessary.

In the final analysis, Canada chose to put together a team of "different dimensions," in the words of Detroit Red Wings GM Ken Holland. Kunitz brings natural chemistry with Sidney Crosby, Marleau a mix of speed and scoring and Carter a nose for the net.

"The decisions, the late-night wrangling, it's like you go over things four, five, six, seven times," Chiarelli said. "Is this the right reason? Is this the right guy? What's the right reason? We talked about four or five guys at the end, and you have second thoughts, and you just got to be firm on what you believe and the fit."

THE CANADIAN PRESS

Tre Kronor

Swedes have six Wings and more than a prayer

Sweden will go to the Sochi Olympics with a roster almost entirely made up of NHLers, including six from the Detroit Red Wings.

Goalie Jonas Gustavsson, defenders Niklas Kronwall and Jonathan Ericsson, and forwards Johan Franzen, Daniel Alfredsson and Henrik Zetterberg lead the list.

THE ASSOCIATED PRESS

Team Russia

Ovie leads way for home team

Washington Capitals right-winger Alex Ovechkin will lead Russia in Sochi, as the hosts look to avoid a repeat of a poor performance from 2010.

Pavel Datsyuk of the Red Wings and Evgeni Malkin of the Penguins were among 15 NHLers named to Team Russia.

THE ASSOCIATED PRESS

Chara in charge

Big Z named Slovak's captain

Boston Bruins defenceman Zdeno Chara will captain Slovakia, hoping to improve on a fourth-place finish in Vancouver.

Other major Slovaks include Blackhawks Michal Handzus and Marian Hossa and Blues goaltender Jaroslav Halak.

THE ASSOCIATED PRESS

Finland

Selanne sets sail for another Games

Finland veteran Teemu Selanne has been selected to his sixth Winter Olympics.

The 43-year-old Anaheim Duck has twice been the top scorer at the Olympics and was chosen as the best player at the Turin Games in 2006.

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The Senators' Clarke MacArthur celebrates with Mika Zibanejad, left, and Mark Stone after scoring against the Canadiens on Saturday. In the midst of a four-game winning streak, the team is eyeing the playoffs. GRAHAM HUGHES/THE CANADIAN PRESS

Senators earning wild-card reputation as they eye playoff run



THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

Last week's spotlight was on Bobby Ryan and the fallout of not being named to the United States' 25-man Olympic roster. After reading the terse comments directed at him and hearing the subsequent apology, Ryan handled the situation with class.

This put a damper on what should be the main focus for the Senators — their four-game winning streak, and five-of-six stretch, which put them back into playoff wild-card contention.

There are several reasons for the club's turn-around:

Home sweet home — Since Dec. 1, the Senators are 7-3-2 at Canadian Tire Centre. Prior to that their home play

was anything but sweet; the club's record was 4-7-2.

Practice makes perfect — The Senators are the league's No. 1-ranked team in taking minor penalties with 201. However, it's no coincidence the club's win streak is largely due to an improved penalty kill. Chris Phillips leads all Senators, averaging 3:40 of ice time on a PK that has been successful on the past 20 of 21 opportunities. This includes games versus Sidney Crosby, Alex Ovechkin and two against the Bruins.

Andy's back — He was never gone, but goaltender Craig Anderson is quickly returning to the form that placed him among the NHL's elite last season. Anderson is victorious in five consecutive starts and is 8-1-2 in the past month.

Second verse, same as the first — When key players went down with injuries last season,

the Senators became the Pesky Sens and pulled together. During their recent stretch, Phillips missed a pair of games, Chris Neil the past two and he may be out longer. Captain Jason Spezza will likely return Wednesday after being absent for all four wins due to a hip-flexor injury.

Mika and friends — With Spezza out, coach Paul MacLean has loosened the reins on Mika Zibanejad. The 2011 sixth-overall draft pick is displaying his potential between Milan Michalek and Cory Conacher. The trio has combined for 11 points during the streak.

The Senators are in a logjam with several teams vying for a wild-card position, but they can only worry about themselves. Their next three games are versus Central Division foes, against which the team is a respectable 2-2-1.

NBA

Cavs deal Bynum, draft picks to Bulls for Deng

With their season quickly sliding toward yet another trip to the NBA lottery, the Cleveland Cavaliers had to do something to slow their freefall toward irrelevance.

The Cavs acquired Luol Deng, a two-time All-Star small forward with Chicago, early Tuesday in a trade with the Bulls for Andrew Bynum, the enigmatic centre whom Cleveland signed to a unique contract during the summer but recently dismissed for detrimental conduct.

Cleveland also gave Chicago a first-round pick from Sacramento, two second-round selections and gave the Bulls the right to swap first-round choices in 2015 if the Cavs are not in the lottery.

The Bulls then waived Bynum, who has chronically bad knees and has played just 24 games the past two seasons. Bynum was due another \$6 million on his two-year, \$24-million contract he signed with Cleveland in July, and the Bulls would have had to pay him if he was kept past Tuesday. THE ASSOCIATED PRESS

Skiing. Knee setbacks will keep 'devastated' Lindsey Vonn off Sochi slopes

Less than two weeks after reconstructive surgery on her right knee in February 2013, Lindsey Vonn already was sounding a positive note, saying she was "really looking forward to Sochi" and defending her Olympic downhill gold medal.

Along the way to the next Winter Games, though, Vonn began facing setbacks. As she'd move past one, another would surface. In the end, it was too much, even for Vonn, the most accomplished U.S. ski racer in history. Expected to be one of the biggest stars at these Olympics, Vonn announced Tuesday — exactly one month before the opening ceremony — she won't be able to race in Russia.

In a Facebook post, Vonn said she is "devastated" to miss the Olympics, "but the reality has sunk in that my knee is just too unstable to compete at this level."

Her personal publicist, Lewis Kay, said in a statement the 29-year-old from Vail, Colo., will have knee surgery again "shortly."

Like many in her risk-filled sport, Vonn has dealt with injuries often, particularly at major events. She withdrew midway through the 2011 world



Lindsey Vonn is going to skip the Olympics because of a knee injury.
NATHAN BILOW/THE ASSOCIATED PRESS FILE

championships because of a concussion. She raced with a severely bruised shin at the last Olympics. She skipped a race at the 2009 worlds after slicing her thumb open on a champagne bottle. She hurt her knee in training and missed a pair of races at the 2007 worlds. She took a scary fall during training at the 2006 Olympics, then left the hospital to compete.

"She's come back. She'll be back," Vonn's father, Alan Kilgore, said in a telephone interview. "You'll see a lot of Lindsey Vonn in the future."

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	42	28	12	2	124	89	58
Montreal	44	25	14	5	114	103	55
Tampa Bay	42	25	13	4	119	100	54
Detroit	43	19	14	10	114	121	48
Toronto	43	21	17	5	119	127	47
Ottawa	44	19	18	7	126	141	45
Florida	43	16	21	6	102	136	38
Buffalo	42	12	26	4	74	118	28

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	44	31	12	1	142	103	63
Philadelphia	42	21	17	4	111	116	46
Washington	42	20	16	6	128	128	46
Carolina	43	18	16	9	105	124	45
N.Y. Rangers	44	21	20	3	108	119	45
Columbus	43	19	20	4	117	126	42
New Jersey	43	17	18	8	101	110	42
N.Y. Islanders	44	15	22	7	119	146	37

Tuesday's results

Carolina at Buffalo (ppd, storm)

N.Y. Islanders at Toronto

Philadelphia at New Jersey

Tampa Bay at Winnipeg

San Jose at Nashville

Calgary at Phoenix

St. Louis at Edmonton

Boston at Anaheim

Pittsburgh at Vancouver

Minnesota at Los Angeles

Monday's results

Calgary 4 Colorado 3

Columbus 4 N.Y. Rangers 3 (SO)

Montreal 2 Florida 1

N.Y. Islanders 7 Dallas 3

Wednesday's games — All Times Eastern

Montreal at Philadelphia, 7:30 p.m.

N.Y. Rangers at Chicago, 8 p.m.

Ottawa at Colorado, 9:30 p.m.

Thursday's games

Dallas at New Jersey, 7 p.m.

Toronto at Carolina, 7 p.m.

Florida at Buffalo, 7 p.m.

Washington at Tampa Bay, 7:30 p.m.

Anaheim at Nashville, 8 p.m.

St. Louis at Calgary, 8 p.m.

Minnesota at Phoenix, 9 p.m.

Boston at Los Angeles, 10:30 p.m.

Detroit at San Jose, 10:30 p.m.

Sunday's games

NFC — San Francisco at Carolina, 1:05 p.m.

AFC — San Diego at Denver, 4:40 p.m.

Wednesday's results

AFC — San Diego 27 Cincinnati 10

NFC — San Francisco 23 Green Bay 20

Saturday's results

AFC — Indianapolis 45 Kansas City 44

NFC — New Orleans 26 Philadelphia 24

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	23	40	63
Kane, Chi	23	31	54
Tavares, NYI	20	31	51
Getzlaf, Ana	20	28	48
Thornton, SJ	5	43	48
Kunitz, Pgh	23	24	47
Sharp, Chi	25	21	46
Backstrom, Wash	10	36	46

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	45	29	7	9	167	124	67
St. Louis	41	29	7	5	150	95	63
Colorado	42	26	12	4	123	108	56
Minnesota	44	22	17	5	106	113	49
Dallas	42	20	15	7	123	131	47
Winnipeg	45	19	21	5	123	135	43
Nashville	43	18	19	6	102	129	42

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	44	31	8	5	146	111	67
San Jose	43	27	10	6	142	111	60
Los Angeles	43	26	13	4	113	89	56
Vancouver	44	23	13	8	117	108	54
Phoenix	41	20	12	9	123	127	49
Calgary	42	15	21	6	100	131	36
Edmonton	45	14	26	5	117	156	33

Note: Two points for a win, one point for an overtime or shootout loss.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	23	40	63
Kane, Chi	23	31	54
Tavares, NYI	20	31	51
Getzlaf, Ana	20	28	48
Thornton, SJ	5	43	48
Kunitz, Pgh	23	24	47
Sharp, Chi	25	21	46
Backstrom, Wash	10	36	46

Not including last night's games

NFL PLAYOFFS

WILD CARD WEEKEND

Sunday's results

AFC — San Diego 27 Cincinnati 10

NFC — San Francisco 23 Green Bay 20

Saturday's results

AFC — Indianapolis 45 Kansas City 44

NFC — New Orleans 26 Philadelphia 24

Santa Fe takes on a snowstorm

Review. A 300-plus kilometre night-time trek in treacherous weather reveals the Hyundai model's winter prowess

JUSTIN PRITCHARD
drive@metronews.ca

Mother Nature was all crabby-pants during my recent December test of the latest Hyundai Santa Fe, so she dumped about two feet of snow all over my hometown, then made the mercury plummet like Miley Cyrus's artistic standards.

Temperatures landed somewhere around 30 below, which is (delightfully) too cold for road salt to work. Prior to this, there was snow. Lots of snow. The second big, "all-night-long" dumping of the season. It left over a foot on the ground.

Naturally, I did what I always do when there's an all-night-long dumping of snow up here in Sudbury, Ont. I grabbed some buddies, some large double-doubles, and drove repeatedly around every unplowed back road I could find.

A few nights after this, I travelled 300 kilometres down Highway 69 after dark. That distance was spread evenly between extreme cold over frozen hard-packed ice-stripes and then slightly warmer temperatures accompanied by zero-visibility, blowing snow, and deep powder. A few noteworthy points about the wintertime driving experience of the tested 2013 Santa Fe 2.0T Limited AWD came to light in the process.

Proper ESC Calibration
In many winter situations, wheelspin is a good thing—and most of the time, the ESC in



PHOTO: TORSTAR NEWS SERVICE

2014 Hyundai Santa Fe

- **Type.** Four-door, front-wheel-drive compact wagon
- **Engines (hp).** 2-litre four cylinder, turbocharged and direct injected (264)
- **Transmissions.** 6-speed automatic
- **Base price (incl. destination).** \$26,599

Tires

All wheel drive, ABS brakes and electronic stability control DO NOT make traction. The only way to increase the physical grip between a vehicle and a slippery road is with proper tires. Electronic aids or not, riding all-season tires in conditions like these would result in poor directional stability.

Xenon lights

My only complaint: xenon lights are typically great in a snowstorm. The ones in the Santa Fe were adequate, not mind-blowing. In clear conditions, they're more than adequate. For some reason, the light output diminishes notably when there's even a small amount of snow or ice on the lenses — and there's no washer system.

arms, report your activities to the fun police, and leave you throttleless in front of traffic. Ultimately, you'll feel like you're calling the shots, not the vehicle — and that's a good thing.

Hill Start Assist

Stop on a hill, and Santa Fe freezes the pressure in the brake lines for a few seconds while your foot moves from the brakes to the gas. This prevents rollback, makes life eas-

ier for the transmission, and also makes it far more likely that you'll get moving again after being stopped on an icy incline. After all, nothing's more embarrassing than holding up traffic while you spin all four tires and slide backwards like a sucker. The tester wore Hankook Winter I Cept Evo tires in its 19-inch OEM size. I found them a nicely balanced all-round winter performance tire. They're perhaps slightly more slippery during hard

AWD Done Right
Santa Fe's AWD system is clever and well set up for driving in nasty winter weather. The AWD system uses inputs from numerous sensors to pre-engage 4-wheel power in many situations when accelerating from a stop. Even with extremely light throttle in deep snow, it'll often power all four wheels from a stand still — preemptively increasing traction instead of letting the front wheels slip before engaging the rear ones. Otherwise, when the system brings the rear wheels online for propulsion, they engage quickly—within about 2 or 3 revolutions of the front wheels, and get a good share of engine power. This AWD system isn't shy about calling the rear wheels into play, and when all four tires spin, power is split actively to maximize extraction of available traction. There's even a 'lock' setting to pre-set the system into a 50/50 power split, though I never needed to use it. No issues with needless tire spinning or harshness during shifting power between the front and rear. In virtually any situation, this setup feels like it knows what it's doing.

Finally
After arriving at my destination, there was approximately 147 pounds of salty brown filthy road-guck frozen to the underside of the Santa Fe's front doors. Thankfully, those front doors actually cover the structural rocker panel where this frozen mess typically accumulates on most rides. Open the door, and the mess goes with it, revealing a clean-as-a-whistle surface to step over and keeping your pants clean.

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Brush up on your automotive art

Autoknow. Time for a career change? Meet three guys who are glad they dropped their jobs to follow their passion

TODD D.
BURLAGE
wheelbasemedia.com

A sketch pencil and paper, an airbrush and whiteboard and a paintbrush and canvas.

They are three distinct styles, represented by three different artists, three roads to success, one common theme.

Automotive artistry is certainly a niche market; finding buyers interested in a vehicle portrait to hang above their mantel is never easy. But for legendary auto artists Tom Fritz, Dean Loucks and Ed Tillrock, turning their passion and creativity into life's work is the only way they know.

"Most 50 or 60-year-old women don't want a painting of a car or motorcycle in their living room," said Fritz, whose oil paintings of muscle cars from the '60s and '70s became so popular, the United States Postal Service turned them into a series of Forever postage stamps. "So you have to find where that niche market is and that takes a period of struggle because you have to make a living. It's a nuisance to starve."

None of these three popular artists falls under the starving category. As a matter of fact, each has done very well.

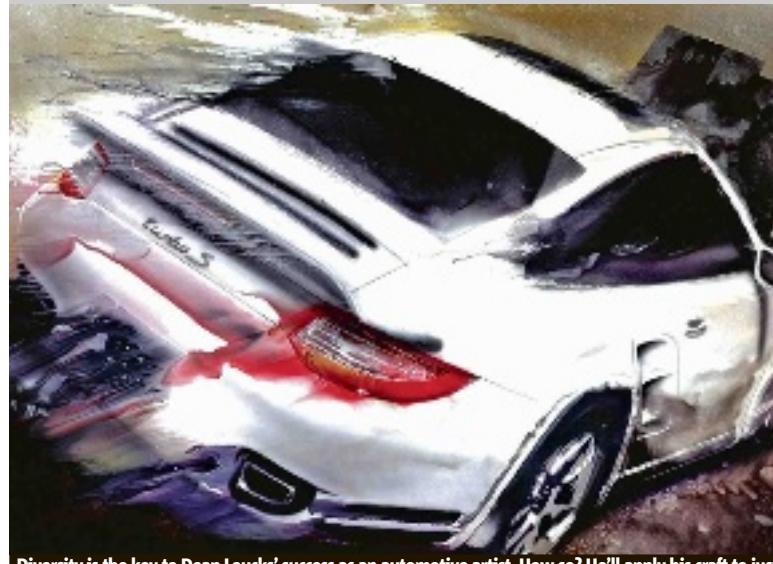
Fritz, 56, spent about 25 years working in military design as a staff artist at Northrop Grumman and other defense firms.

"All the while I knew I didn't want to spend my career drawing nuts and bolts. I was a painter. I was an artist."

Through his artistic versatility, Loucks, 49, didn't need long to turn his creative conceptions into tangible riches. From vehicle paintings and murals, to specialized boat and RV customization, Loucks (deanloucksart.com) will take on any expressive challenge.

"Paintings of cars, painting on a car, painting a motor home, painting an aircraft, a helicopter... it's all art," said Loucks. "It's just on a different canvas."

Tillrock, 61, traded a career in architecture about five years ago to chase a dream and sketch by pencil the automotive inspirations



Diversity is the key to Dean Loucks' success as an automotive artist. How so? He'll apply his craft to just about anything, from paper to vehicles to kitchen appliances.



As you can see Loucks' works have that distinct melting effect, evident above and on the Porsche.

Quoted

"Paintings of cars, painting on a car, painting a motor home, painting an aircraft, a helicopter... it's all art. It's just on a different canvas."

Dean Loucks, auto artist.

that moved him when he was barely old enough to even pick up a pencil.

"Kind of weird to change your career more or less at the end of it, but really, the only thing wrong with it is I wish I would have done this 20 years ago."

The three artists have vastly different approaches to their work but they share the same critical components of pride, passion and a natural ability that was evident at a very young age.

Looking for a few bucks and a break in high school, Loucks and a buddy began airbrushing automobile images on T-shirts at a little mall in Elkhart, Ind. Within about five years after graduation, Loucks took his talents to California where he ended up charging more than \$250 for a T-shirt and about \$700 for a jean jacket customized with his auto designs.

"It has kind of been my whole life," Loucks said. "I have always just loved cars."

Loucks just loves to paint. Period.

And his subjects include racing helmets, motorcycles, fuel tanks and pianos, as well as customized toasters and stand mixers for KitchenAid; design patterns that include leopard-skin, the Amer-



Ed Tillrock got into automotive art when architecture work began drying up a few years back. Any regrets? Maybe not starting sooner? He produces stunning works using pencil and paper. ALL IMAGES WHEELBASE

ican flag, exotic floral, and anything else imaginable. Strange as it sounds, this two-piece kitchen set can cost nearly \$3,000 US.

What makes Loucks' work so catching is an artistic style that is all his own. Using a technique he calls the "art of removal," Loucks takes kind of a reverse approach to his designs and execution, using paint reducers, thinners, and a "blast" mode on his paint gun to spread and dis-

perse the colours and create a distinct melting look to many of his creations.

"There are a lot of custom painters out there," said Loucks, who often works out of his multi-million dollar mansion near his hometown of Goshen, Ind. "All the different things we paint... what I am doing to them is art."

For Tillrock (edtillrock.com), his expressive method is simpler but no less beauti-

ful: a pencil and paper. Old-school is the best way to describe this baby boomer, who made a comfortable living in architecture until the design work dried up about six years ago, right along with the Chicago economy.

Almost a blessing in disguise, Tillrock said he "flipped the switch," put 40 years of architectural work on the back burner and took his automotive sketches to sell at the Detroit Autorama,

Quoted

"It's been a long slow process, and it continues to be that way. It's fun as hell because I sit here and colour all day, but it's not an easy occupation. In order to get stuff on peoples' wall, you really have to work at it."

Tom Fritz, auto artist.

which is an annual showcase of customized hotrods, and a perfect stage for Tillrock to promote his love of automobiles and start a new career chapter.

"I would consider that [show] a pretty good success and kind of a starting point," said Tillrock, who finds it ironic that a man in his 60s relies on Facebook, Instagram, and other social media to market his work.

Fritz's work (fritzart.com) celebrates the automotive eras and history that influenced him while growing up in San Fernando, Calif. His style is so regarded and recognizable, he was commissioned by Harley Davidson for a series of paintings in 2003 to commemorate the 100th birthday of the legendary motorcycle.

"It's been a long slow process, and it continues to be that way," Fritz said of the decades needed to become a success. "It's fun as hell because I sit here and color all day, but it's not an easy occupation. In order to get stuff on peoples' wall, you really have to work at it."

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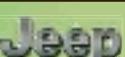


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Parts department

WHEELBASE MEDIA

Race with Anki

Think of Anki Drive as a kind of three-dimensional video game. Developed by Anki (pronounced: On key), a San Francisco robotics company, the product consists of a roll-up oval-track layout containing special built-in electronics that transmit data to optical sensors located beneath each race car. The cars are driven through an app that's downloaded to your iPhone, iPod Touch or iPad, which turns the device into a race controller. Anki Drive's "artificial intelligence" that's built into the system (no Internet connection required) allows one player to compete against up to three other players or against the system that assigns specific characteristics to each car. Anki Drive is priced at \$200 US for the base set that includes two cars. Visit anki.com



Rear seat lock up

According to the makers of Xtralock, the third-row seats on GM vehicles, specifically the Chevrolet Tahoe and Suburban, GMC Yukon and Cadillac Escalade, have become highly prized by thieves. They can be removed in as little as six seconds and sold for as much as \$2,500 US to unscrupulous repair shops or directly on classified-ad websites. The third-row locking system created by Xtralock was designed by a locksmith to help prevent such theft. The three-piece unit can be installed without the use of tools and, once locked in place, makes the seat virtually impossible to remove without a key. In addition, the Xtralock's obvious visibility should also deter criminals from even attempting to steal the seat. The Xtralock sells for \$180 US and can be purchased at xtralock.com.



Flip your jeep's lid

Talk to any current-generation (2007-14) Jeep Wrangler JK owner and they'll wax poetic about their favourite off-roader. But ask them about removing and reinstalling the canvas top and the air is likely to turn blue. In short, it's no fun wrestling with the various snaps, zippers and attachments. A solution is the power-operated MyTop from Roadwire of Austin, Tex. The company states that its top, which is constructed using Haartz Stayfast fabric and extra-thick clear plastic windows, will automatically fold back and reverse in about six seconds. The frame is made of aircraft-grade aluminum, while the electric motors used in the folding/refolding process are of the same design used to operate the canopies

of fighter jets. MyTop is available for two-door JKs only and is priced at \$4,700 US. Buy one at roadwire.com.



A little fashion mojo

Recycling old, worn-out autos keeps them out of landfills. Artist and fashion accessory designer Pyper Hugos has taken that to a whole new level with her line of Mojo Reclaimed Jewelry for men and women. The pieces are created from bits of parts and scraps found in junkyards. Most of her hand-crafted rings, bracelets and necklaces contain the colours imbedded in the metal that add to their patina. As well, each piece comes with its own name and history: the "Elva" pendant shown here was originally a part of a 1973 Chevrolet pickup. Prices vary from \$65 US for a set of earrings, up to \$175 US plus shipping for a cuff-style bracelet.

Visit Hugos' online store at yougot-mojo.bigcartel.com.



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ON TOP WHERE IT BELONGS



Automakers cosy up to electronics industry

Consumer Electronic Show

Car companies turn out in force to showcase such things as laser high-beam headlights and the solar panel roof



AUTO PILOT
Mike Goetz
drive@metronews.ca

Billed as the world's largest technology trade show, the Consumer Electronic Show (CES) in Las Vegas is eagerly anticipated by the geeky gadget crowd, and pointedly ignored by folks at the other end of the spectrum, who think the world went to crap around 1980, when computers and microchips first arrived in force and started taking over our souls.

The automakers have become very interested of late in CES, and this year's show happening right now has a record nine automakers participating.

Their presence seems not so much as an opportunity to show off their new tech stuff — which they do all the time at auto shows — but more as a way to integrate themselves



Similar to a magnifying glass, the Ford C-MAX Solar Energi Concept's "concentrator" solar panel roof also has a patent-pending system that tracks the sun as it moves from east to west. COURTESY FORD

into the Silicon Valley culture and leverage the exciting technology coming forth from the consumer electronics industry.

Automakers are increasingly need to be in that faster-moving milieu. Product cycles in the auto industry are five years or longer. The consumer electronic industry works a bit faster, yes?

And technology seems to be a more collaborative endeavour than it's ever been: witness the announcement at CES that Audi, GM, Google, Honda, Hyundai and NVIDIA have joined together to form

the Open Automotive Alliance (OAA) to bring the Android platform to cars.

"The worlds of consumer and automotive technologies have never been more closely aligned, and this alliance will only pave the way for faster innovation," said Ricky Hudi, head of electrics and electronics development at Audi AG.

Audi is displaying its Sport Quattro concept car at CES. The hybrid sports coupe is brimming with technology, but I'm focused on its laser high-beam headlights. Yes, lasers. Apparently, the high

beams have a range of 500 metres — roughly twice the distance of regular high beams. Lasers are also very energy efficient. Their primary downsides are cost and an intolerance of heat. In the future those drawbacks should be overcome, and experts predict they will peacefully coexist with LED lights, which still have a lot of love to give.

Hyundai announced its new Genesis sedan would be integrated with the amazing Google Glass. Drivers won't be able to use the futuristic glasses while driving, but in-



The low beam headlights on the Audi Sport Quattro are LED technology. The high beams are lasers. COURTESY AUDI

tegrated software will let drivers do all sorts of "pre-drive" functions with them, such as remote start, navigation and music settings.

Ford's major CES display is the Ford C-MAX Solar Energi Concept. Like all C-Max plug-in hybrids, this concept can be charged by its on-board charger running off the gasoline engine and by plugging it into the grid. The concept goes one step further, with a solar panel roof that provides the same electricity as a four-hour plug-in session, although it would need a full day's worth of day-

light to make it happen.

Similar to a magnifying glass, the Concept's "concentrator" solar panel roof also has a patent-pending system that tracks the sun as it moves from east to west.

The concept is a collaborative project between Ford, SunPower Corp. and the Georgia Institute of Technology. The institute will begin to test the vehicle in real-world scenarios for its feasibility as a production car. Such a vehicle would be particularly awesome in places where the electrical grid sucks or just doesn't exist.

Experts trying to give vehicles their voice

Automotive communication

Researchers are figuring out the best way for your car to talk to you

JIL MCINTOSH
Drive@metronews.ca

Although it can't carry on a conversation, your car communicates with you. Depending on how it's equipped, this can be anything from a warning when your seat belt isn't fastened, to chimes and lights if there's a vehicle alongside when you're trying to change lanes.

But those warning signals aren't randomly selected. "It requires significant testing and development," says Birsen Donmez, an assistant professor of industrial engineering at the University of Toronto, who is working on a safety feedback program for Toyota. "Not everyone might react the same way to the same type of

To note

- **Warnings aren't the only issue.** Researchers also look at incentives such as fuel economy gauges, to be sure they aren't too distracting.
- **With and without.** In addition to seeing how subjects react to feedback, researchers also look at how they drive when it's taken away afterwards, to see how effective it is.
- **Admissions.** Test subjects are more likely to admit they do something, such as texting while driving, if they think other people are okay with it, but are less likely to admit anti-social behaviours such as impaired driving.



What does your vehicle communicate to you and how do you respond to it? JIL MCINTOSH/METRO

feedback, and the issue is to understand how to personalize these systems, because humans are so variable."

While Donmez isn't designing the actual systems, she's researching how drivers react to the feedback they're get-

ting, and what types are most effective for the maximum number of drivers. The system must be effective enough to get the driver's attention, but can't be so distracting that it diverts all of the driver's focus, and he or she ends up hitting

the object that initially triggered the warning.

Factors that go into feedback design include what sets off a warning, such as speeding or wandering out of the lane; when the warning goes off; if it's visual or makes a

sound, or both; how long it's on, and what information it provides to the driver.

Researchers use a variety of methods for testing, including focus groups, questionnaires to assess the risks that drivers might

take, and driving simulators. For some projects, the test subjects drive in real-world conditions.

In one analysis, Donmez worked with Transport Canada to monitor a group of drivers and their reaction to vehicle feedback when they were speeding or following too close to the vehicle in front. Not only did this provide information on the feedback, but it also let the researchers determine which drivers reacted most strongly to it, which could allow engineers to design systems that deliver the greatest assistance.

With so many individual drivers though, the system has to be geared toward providing benefit for a maximum number of people. "We go for the average, rather than each individual driver, unless it poses a danger for some drivers," Donmez says.

"At the worst case, you don't see a benefit (for every driver), but you don't see a decline in performance. You don't want to endanger anyone with the system."

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Check transmission on used Sport Trac

Second gear.
2007-2010
Ford Explorer
Sports Trac

JUSTIN
PRITCHARD
drive@metronews.ca

With an eye for flexibility, capability and style, the Ford Explorer Sport Trac hit its second generation for 2007 and was carried on until 2010. The dressed-up four-door pickup was geared towards lifestyle-oriented shoppers, and included four-wheel drive variants. Look for chrome accents, step-boards, navigation, a sunroof, leather seating, reverse park assist, a power rear window, Ford Sync and plenty more. A top-line 'Adrenaline' model adds more visual flare with a unique grille treatment, unique headlamps, 20-inch wheels and more.

mechanical in nature, and a Ford mechanic can help ensure that's the case. The six-speed transmission and V8 engine combination looks like the safest bet. The five-speed automatic and V6 engine combination isn't recommended, due to additional problems reported frequently in the owner's community. That's right fellas: the V8 is your best bet, here. Drive slowly while turning and listen for any unwelcomed popping, clicking or grinding sounds, which could indicate a problem with the rear differential or wheel bearings. Note that any sloppiness to the steering over bumps, possibly coupled with unwelcomed sounds, could indicate a problem with the front suspension too. Cycle through the four-wheel drive modes, ensuring all engage and disengage as outlined in the owner's manual.



PHOTO: PROVIDED

Common issues

Transmission problems come up first and foremost when checking out reliability of this generation Sport Trac. Signs of trouble on your test-drive include slipping, hesitation or roughness from the gear shifts, especially when switching between reverse and drive. In most cases, the problems are computer-related, not

What owners like

Sport Trac owners tend to rave about the available Pioneer stereo system, easy-to-clean interior, flexibility, space, traction, and a solid, tough and rugged feel. Performance with the V8 engine is also highly rated.

What owners dislike

Common gripes include difficulty accessing cargo due to Sport Trac's deep bed, some cheap interior trim, fuel mileage with the V8 engine, and cheap, flimsy door handles.

Engine

Shoppers could opt for a four-litre V6 with 210 horsepower, or a 4.6 litre, 292-horsepower V8. An automatic transmission was standard on all models and towing capacity was rated at 7,000 lbs.

The verdict

It's the capability, flexibility and utility of the Sport Trac that will likely work hardest to attract customers to used models. The Sport Trac with the V8 engine is likely the most reliable bet, but a mechanical check-over focusing on the transmission and rear differential should be considered mandatory ahead of your purchase.

Weighing the pros and cons of leasing

There are many factors to consider when deciding if leasing a vehicle is the best option.

To start with, you'll need to consider your lifestyle, as well as driving habits and financial circumstances before making any decisions.

For some initial insights, Chevrolet Canada gives us the right questions to ask alongside some valuable information:

What are the financial benefits of leasing?

Only the depreciation value of the vehicle is used to calculate monthly payments in comparison to the full price of the vehicle used in loan repayment cal-

culations.

In addition, lease holders only pay taxes on their monthly payments and tax benefits are offered to those that are self-employed, as well as salespeople and some professionals.

How long do you intend to keep your vehicle?

Keep in mind that lease terms are shorter than most financing terms.

Lease holders get to drive a new vehicle more often with lease periods typically ranging from 36 to 48 months.

At the end of your lease period, you have the option to purchase the vehicle from your dealer at a re-

duced rate or upgrade to a newer model under a different contract.

What kind of vehicle would you like to drive?

Monthly payments for lease holders are typically lower than the payments of those who choose to finance. This means that drivers have the option of choosing a more luxurious vehicle for a lower monthly payment.

What is the length of my commuting time?

There will typically be a kilometre limit during the period of the lease contract.

Potential lease holders should take an honest look at their driving habits and

consider if the limit is realistic given their driving habits to avoid additional charges based on kilometres in excess of the limit.

Is maintenance included?

You should always speak with your local dealer about maintenance before signing your contract. Depending on the options available at your dealership, regular maintenance may be included.

If maintenance isn't included, the lease holder is still expected to return a properly maintained vehicle at the end of the contract period.



NEWS CANADA

Horoscopes

Aries

March 21 - April 20

This is one of those days when you would rather be anywhere than where you are supposed to be. If you can find a legit way out of the situation then go for it. But if you fail to turn up, you could create a powerful enemy.

Taurus

April 21 - May 21

Honest effort gets results, so keep plugging away at what you are working on and don't get dispirited if results are slow. Nothing you do is wasted and one day soon you will make that breakthrough you long for.

Gemini

May 22 - June 21

It may appear as if someone is being deliberately obstructive, but you should ask yourself if there was something you said or did that could have turned them against you. If so, it's not too late to say sorry.

Cancer

June 22 - July 23

Why are you pessimistic about your prospects? You may not have gotten everything you wanted recently but there is always tomorrow. You'll feel positive closer to the weekend.

Leo

July 24 - Aug. 23

No matter how unsettling the changes that are taking place may be, keep telling yourself that in the long-term they will work in your favour. Your life story is unfolding as it should.

Virgo

Aug. 24 - Sept. 23

Do something today that livens things up both at home and at work. Some may think you lost your senses but they are just the sort of people who have been dragging you down.

Libra

Sept. 24 - Oct. 23

This is an important time for you and you will be making major changes to your lifestyle. The full moon on the 16th will clear away obstacles. Between now and then, plan big.

Scorpio

Oct. 24 - Nov. 22

It seems you have made an error of judgment and all you can do is say sorry. If you sound sincere, others will forgive you and you can move on. But if your apology is grudging, bad feelings are likely to linger.

Sagittarius

Nov. 23 - Dec. 21

Most times your hunches are spot on but the planets warn your instincts are not to be trusted today, so take care. This is one of those occasions when you must stick to facts.

Capricorn

Dec. 22 - Jan. 20

Your relationship with authority may not be as good as it should be today, so watch what you say and be ready to back off if a conversation gets heated. You'll be the loser if it gets ugly.

Aquarius

Jan. 21 - Feb. 19

You may think someone is keeping something from you, but don't let it worry you. It's unlikely to be bad news and it's even possible they are planning some kind of surprise.

Pisces

Feb. 20 - March 20

You must let a certain person know that you have no intention of allowing them to get rich at your expense. Today's Mars-Jupiter link will bring tensions to a head — say what's on your mind.

SALLY BROMPTON

Today

-13°/-17°
Partly cloudy

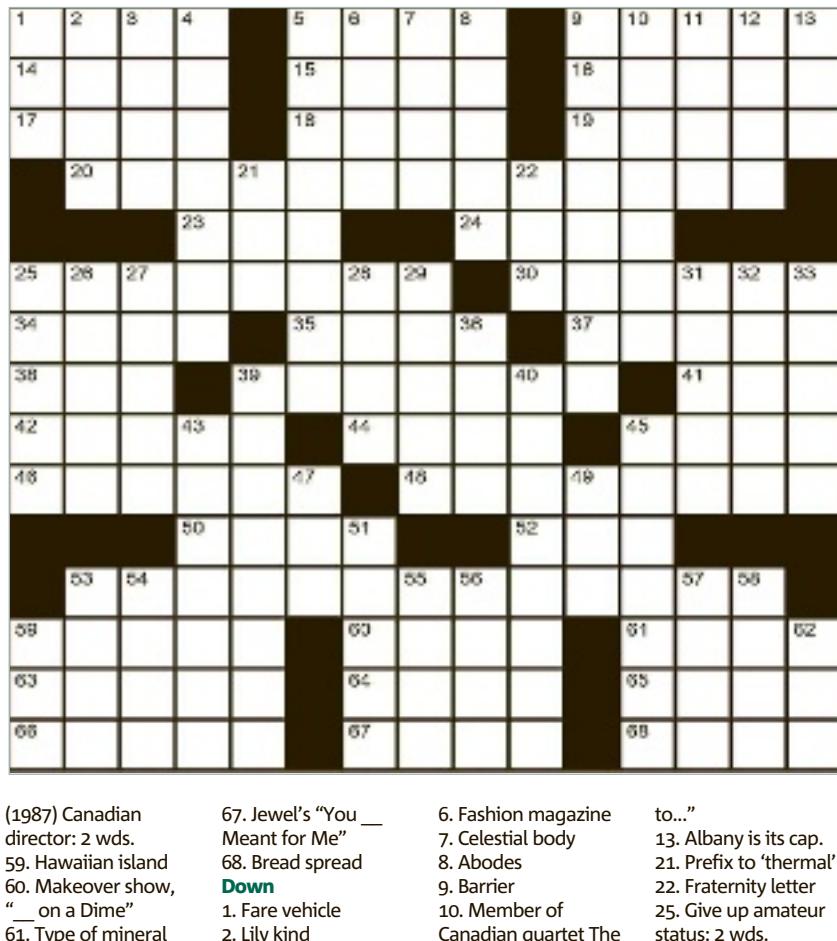
Thursday

-10°/-17°
Sunny

Crossword: Canada Across and Down

Across

- Country legend Johnny
- Interlock
- Canada (Pest control company)
- Vicinity
- sax
- Husky
- Canadian actor Raymond
- T.Rex's style
- Some ducks
- The ancient Ichthyosaur, for one: 2 wds.
- Bear: Spanish
- Rug sort
- Ski resort transports
- The __ Works ('80s band)
- Lennon's in-laws
- "...see __ believe..."
- Comedy's Mr. Anderson
- Orchestra __
- Old Montreal horse-drawn carriage
- TV show taper
- Mo of CBS' "Sunday Morning"
- "I could __ — horse!"
- Gladiator's 1502
- Waiting to be connected: 2 wds.
- Alberta community near the Saskatchewan border
- Mister Ed's hair
- Slangy put down
- "Moonstruck"



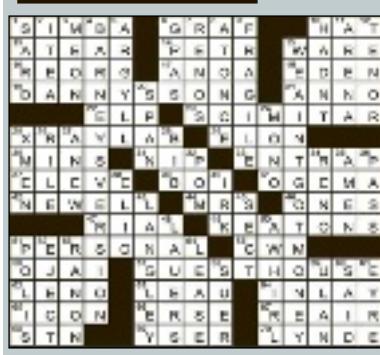
- (1987) Canadian director: 2 wds.
- Hawaiian island
- Makeover show, " __ on a Dime"
- Type of mineral
- "It's __ from God!"
- Ended
- In Canada
- Quebec 'cup'

- Jewel's "You __ Meant for Me"
- Bread spread

- Down**
- Fare vehicle
 - Lily kind
 - Evening, in Italy
 - England: London department store
 - Julia in her 1989 'Steel' movie
 - Fashion magazine
 - Celestial body
 - Abodes
 - Barrier
 - Member of Canadian quartet The Tenors, Mr. Pereira
 - Ship part
 - "The Safety Dance" bit: "...can dance __ want

- to..."
- Albany is its cap.
 - Prefix to 'thermal'
 - Fraternity letter
 - Give up amateur status: 2 wds.
 - Blooming __ (Starter menu item)
 - Top-__ (The best)
 - The Jetty __ Havre (Claude Monet)

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

2	5	8	3	1	9	7	4	6
9	1	6	4	8	7	3	2	5
7	3	4	9	2	5	1	6	8
8	6	5	2	3	9	4	7	1
4	9	3	6	7	1	6	8	2
1	2	7	8	6	4	9	5	3
5	4	1	7	8	8	2	3	6
8	7	9	3	5	2	8	1	4
3	8	2	1	4	6	5	9	7

9			5
	3	6	2
5	4	9	3
6			1
2	3	1	8
3		7	
2	4	5	6
6	8	1	
1		7	

► Max out your TFSA contribution,
not your credit card.

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See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

- painting)
29. Choo-choo-ing stuff
31. Blue Rodeo singer Jim
32. Bon Jovi's " __ on a Prayer"
33. " __, Indiana" (Early-'90s TV series)
36. Prefix to 'gon' (Eight-sided shape)
39. Medicine Cabinet: __ lotion
40. Canadian store HH = Home __
43. Canadian fashion label since 1983
45. "Cityline" 3 Chefs member, Mr. Capra
47. Scientific ID
49. Nintendo game console
51. Fund
53. Rocket org.
54. Nons opposites
55. Bee Gees' " __ Talkin'"
56. Rarely, hardly __
57. __ agreement
58. Connecting point
59. Nightspot in Broadway musical Cabaret, Kit __ Klub
62. New

CHEVROLET



PEACE OF MIND – STANDARD



COMPLETE CARE

INCLUDES:

COMPLIMENTARY OIL CHANGES	2 YR/40,000 KM**
NEW VEHICLE LIMITED WARRANTY	3 YR/60,000 KM [▲]
POWERTRAIN WARRANTY	5 YR/160,000 KM [▲]
ROADSIDE ASSISTANCE	5 YR/160,000 KM [▲]
ONSTAR® STANDARD	6 MONTHS

2014 CRUZE LS

LEASE OR FINANCE

\$85 @ 0%

52 MPG
HWY: 5.4L/100 KM
CITY: 8.2L/100 KM

LEASE BI-WEEKLY FOR 60 MONTHS*.
\$0 DOWN PAYMENT. \$0 SECURITY DEPOSIT.

FINANCE BI-WEEKLY FOR 84 MONTHS*. \$2,050 DOWN PAYMENT.
PURCHASE PRICE \$17,538* INCLUDES FREIGHT, PDI & LEVIES.
TAXES NOT INCLUDED.



INCLUDES:

- POWER LOCKS WITH REMOTE KEYLESS ENTRY
- POWER WINDOWS
- STABILITRAK®
- BEST-IN-CLASS SAFETY* WITH 10 AIRBAGS

CRUZE LTZ SHOWN[†]

0% PURCHASE FINANCING FOR UP TO 84 MONTHS ON SELECT MODELS[#]

2014 EQUINOX LS

LEASE OR FINANCE

\$159 @ 0%

46 MPG
HWY: 6.1L/100 KM
CITY: 9.2L/100 KM

LEASE BI-WEEKLY FOR 48 MONTHS*.
\$375 DOWN PAYMENT. \$0 SECURITY DEPOSIT.

FINANCE BI-WEEKLY FOR 72 MONTHS*. \$2,995 DOWN PAYMENT.
PURCHASE PRICE \$27,815* INCLUDES FREIGHT, PDI & LEVIES.
TAXES NOT INCLUDED.



INCLUDES:

- BLUETOOTH® WITH USB
- 6-SPEED AUTOMATIC
- AIR CONDITIONING
- POWER LOCKS WITH REMOTE KEYLESS ENTRY
- POWER WINDOWS
- BEST-IN-CLASS REAR SEAT LEGROOM*

EQUINOX FWD LTZ SHOWN[†]

2014 SILVERADO CREW CAB 4X4

LEASE

\$189 @ 1.5%

31 MPG
HWY: 9.0L/100 KM
CITY: 12.6L/100 KM

LEASE BI-WEEKLY FOR 36 MONTHS*. \$650 DOWN PAYMENT. \$0 SECURITY DEPOSIT.
INCLUDES FREIGHT, PDI, LEVIES & \$4,000 CREDIT*. TAXES NOT INCLUDED.



AVAILABLE:

- MOST FUEL-EFFICIENT V8 IN A PICKUP, BETTER THAN FORD F-150 ECOBOOST V6 (COMBINED)[▲]
- MOST POWER IN A PICKUP: 420 HP, 460 LB-FT TORQUE*
- BEST MAXIMUM TOWING IN ITS CLASS: UP TO 12,000 LBS[○]
- HIGHEST POSSIBLE OVERALL VEHICLE SCORE FOR SAFETY – 5 STARS – FROM NHSTA[○]

SILVERADO LTZ CREW CAB 4X4 SHOWN[†]

PLUS WE MAKE YOUR FIRST MONTH'S LEASE PAYMENT[¥]

TO GUARANTEE OUR QUALITY, WE BACK IT **160,000-KM/5-YEAR POWERTRAIN WARRANTY[▲]**

*Whichever comes first. See dealer for limited warranty details.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.***

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For the latest information, visit us at [chevrolet.ca](#), drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *Offer applies to the purchase of 2014 Chevrolet (Cruze LS 1SA/Equinox LS FWD 1LS). ▼Based on a 60/48/36 month lease for 2014 Chevrolet (Cruze LS 1SA/Equinox LS FWD 1LS/Silverado 1500 Crew Cab 4WD 1WT+G80+B30). Annual kilometre limit of 20,000 km, \$0.16 per excess kilometre. OAC by GM Financial. Monthly Bi-Weekly payments may vary depending on down payment/trade. A down payment or trade of \$0/\$375/\$650 and/or \$0 security deposit is required. Total obligation is \$11,026/\$16,866/\$15,369. Option to purchase at lease end is \$6,510/\$10,949/\$19,155. Excess wear and tear and km charges not included. Other lease options available. [‡]0% purchase financing offered by GMCL for 84/72 months on 2014 Chevrolet (Cruze LS 1SA/Equinox LS FWD 1LS). OAC by RBC Royal Bank/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: \$10,000 at 0% APR, monthly payment is \$119.05/\$136.89 for 84/72 months. Cost of borrowing is \$0, total obligation is \$10,000. Down payment and/or trade may be required. Monthly Bi-Weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Monthly Bi-Weekly payments based on a purchase price of \$17,538* with \$2,050/\$2,995 down payment. [◆]\$4,000 is a manufacturer to dealer delivery credit (tax exclusive) for 2014 Chevrolet Silverado 1500 Ext. & Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. [▼]1/4/14. [▲]2/1/14. [○]2/1/14. [●]Freight & PDI (\$1,600/\$1,600/\$1,650), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices.某些限制，经销商或贸易可能需要。有限时间优惠可能不适用于其他优惠。GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. [●]Based on WardsAuto.com 2012 Upper Small segment, excluding Hybrid and Diesel powertrains. Standard 10 airbags, ABS, traction control and StabiliTrak®. [●]Bluetooth is a registered trademark of Bluetooth SIG Inc. [●]Comparison based on 2013 Polk segmentation: Compact SUV and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. [●]2014 Cruze equipped with standard 1.8L Ecotec engine and 6-speed manual transmission. [●]Equinox equipped with standard 2.4L Ecotec engine and 6-speed automatic transmission. 2014 Silverado 1500 equipped with standard 4.3L Ecotec V6 engine and 6-speed automatic transmission. Fuel consumption based on GM testing according to approved Transport Canada test methods. Your actual fuel consumption may vary. [●]2014 Silverado 1500 with the available 5.3L Ecotec V8 engine equipped with a 6-speed automatic transmission has a fuel consumption rating of 13.0L/100 km city, 8.7L/100 km highway and 10.4L/100 km combined 2WD and 13.3L/100 km city, 9.0L/100 km highway and 11.1L/100 km combined 4WD. Ford F-150 with the 3.5L EcoBoost V6 engine has a fuel consumption rating of 12.9L/100 km city, 9.0L/100 km highway and 11.1L/100 km combined 2WD and 12.6L/100 km city, 9.4L/100 km highway and 11.2L/100 km combined 4WD. Fuel consumption ratings based on GM testing according to approved Transport Canada test methods. Actual fuel consumption may vary. [●]2013 Large Pickup Truck segment. [●]2014 Chevrolet Silverado 1500 Ext. Cab Short Box with the 5.3L Ecotec V8 engine has a fuel consumption rating of 12.9L/100 km city, 9.0L/100 km highway and 11.1L/100 km combined 2WD and 12.6L/100 km city, 9.4L/100 km highway and 11.2L/100 km combined 4WD. Fuel consumption ratings based on GM testing according to approved Transport Canada test methods. Actual fuel consumption may vary. [●]Light-Duty Large Pickup segment and latest competitive data available. Excludes other GM vehicles. Class is Light-Duty Full-Size Pickups. [●]U.S. government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (EuroNCAP, IIHS, +2014 Cruze LTZ, MSRP with freight, PDI & levies \$28,493, 2014 Equinox LTZ FWD, MSRP with freight, PDI & levies \$28,493, 2014 Equinox LTZ FWD, MSRP with freight, PDI & levies \$28,493, 2014 Silverado 1500 LTZ Crew Cab 4WD, MSRP \$51,379. Dealers are free to set individual prices. [●]The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick, or GMC (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual. [●]2014 Chevrolet Sonic 5-door, Cruze, Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: \$25,595 at 0% APR, the monthly payment is \$304.70 for 84 months. Cost of borrowing is \$0, total obligation is \$25,595. Offer is unconditionally interest-free. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without prior notice. Additional conditions and limitations apply. See dealer for details. [●]Offer valid only to eligible retail lessees in Canada who have obtained credit approval by GM Financial, have entered into a lease agreement with GM Financial, and who accept delivery from January 3, 2014 through February 28, 2014 of a new eligible 2014 model. General Motors of Canada will pay the first month's lease payment, or first 2 bi-weekly lease payments (inclusive of taxes). After the first month, lessee will be required to make all remaining scheduled payments over the remaining term of the lease agreement. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See dealer for details